

# Statistical Design and Analysis II

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#### Minimum Sample Size

- 12 WHO, EU, CAN, NZ, AUS, Malaysia, Argentina, ASEAN States, South Africa (20 for MR)
- 24 Saudia Arabia (12 24 if statistically justifiable)
- 24 Brazil



- Rationale for Pilot Studies (FDA/CDER, BA/BE Studies – General Considerations, 2003)
  - Validation of analytical methodology
  - Assessment of variability
  - Optimization of sample collection time intervals
  - A pilot study that documents BE can be appropriate, provided its design and execution are suitable and a sufficient number of subjects (e.g., 12) have completed the study.



#### Maximum Sample Size

#### New Zealand

'If the calculated number of subjects appears to be higher than is ethically justifiable, it may be necessary to accept a statistical power which is less than desirable. Normally it is not practical to use more than about 40 subjects in a bioavailability study.'

#### All others

Not specified in Guidelines (judged by IEC/IRB or local Authorities);

ICH E9 (Section 3.5) applies: 'The number of subjects in a clinical trial should always be large enough to provide a reliable answer to the questions addressed.'

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# **Sample Size Estimation**

- •EU NfG on the Investigation of BA/BE (2001)
  - The number of subjects required is determined by
    - the error variance associated with the primary characteristic to be studied as estimated from
      - > a pilot experiment,
      - previous studies, or
      - published data,
    - the significance level desired,
    - the expected deviation (\Delta) from the reference product compatible with BE and,
    - the required power.



# NfG on the Investigation of BA/BE Problems/solutions

- ... the error variance associated with the <u>primary</u> <u>characteristic</u> to be studied ...
  - Since BE must be shown both for AUC and C<sub>max</sub>, and,
  - if you plan your sample size only for the 'primary characteristic' (e.g., AUC), in many cases you will fail for the secondary parameter (e.g., C<sub>max</sub>), which most likely shows higher variability – your study will be 'underpowered'.
  - Based on the assumption, that CV is identical for test and reference (what if only the reference formulation has high variability, *e.g.*, some formulations of PPIs?).

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# **Sample Size Estimation**

•NfG on the Investigation of BA/BE

- Problems/solutions
  - ... as estimated from
    - > a pilot experiment,
    - previous studies, or
    - published data,
  - The correct order should read:
    - 1. previous studies  $\rightarrow$  2. pilot study  $\rightarrow$  3. published data
      - Only in the first case you 'know' all constraints resulting in variability
      - Pilot studies are often too small to get reliable estimates of variability
      - Advisable only if you have data from a couple of studies

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# **Sample Size Estimation**

# NfG on the Investigation of BA/BE Problems/solutions

#### • ... the <u>significance level desired</u> ...

- Throughout the NfG the significance level (α, error type I: patient's risk to be treated with a bioinequivalent drug) is fixed to 5% (corresponding to a 90% confidence interval)
- You may *desire* a higher significance level, but such a procedure is not considered acceptable
- In special cases (e.g., dose proportionality testing), a correction for multiplicity may be necessary
- In some legislations (e.g., Brazil's ANVISA), α must be tightened to 2.5% for NTIDs (95% confidence interval)



# NfG on the Investigation of BA/BE Problems/solutions

- ... the required power.
  - Generally the power is set to at least 80 % (β, error type II: producers's risk to get no approval for a bioequivalent drug; power = 1 β).
     Remember: <u>1 out of 5 studies will fail just by chance!</u>
  - If you plan for power of less than 70 %, problems with the ethics committee are likely (ICH E9).
  - If you plan for power of more than 90 % (especially with low variability drugs), problems with the regulator are possible ('forced bioequivalence').
  - > Add subjects ('alternates') according to the expected drop-out rate!

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# NfG on the Investigation of BA/BE Problems/solutions

- ... the expected deviation ( $\Delta$ ) from the reference ...
  - Reliable estimate only from a previous full-sized study
  - If you are using data from a pilot study, allow for a safety margin
  - > If no data are available, commonly a GMR (geometric test/reference-ratio) of 0.95 ( $\Delta = 5\%$ ) is used
  - > If more than  $\Delta = 10\%$  is expected, questions from the ethics committee are likely
  - > BE Draft (2008) batches must not differ more than 5%.



 Sample size planning (EMEA Draft BE Guideline, 2008)

The number of subjects to be included in the study should be based on an

Cookbook?

<u>appropriate</u> —

sample size calculation.



#### Literature search for CV%

- Preferably other BE studies (the bigger, the better)
- PK interaction studies (Cave: mainly in steady state! Generally lower CV than after SD)
- Food studies

If CV<sub>intra</sub> is not given (quite often), a little algebra helps. All you need is the 90% geometric confidence interval and the sample size.

Point estimate (PE) from the CI

$$PE = \sqrt{CL_{lo} \cdot CL_{hi}}$$

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#### Calculation of CV<sub>intra</sub> from CI

- Estimate the number of subjects / sequence (example 2x2 cross-over)
  - If total sample size (N) is an even number, assume (!)
    n<sub>1</sub> = n<sub>2</sub> = ½N
  - If N is an odd number, assume (!)
    - $n_1 = \frac{1}{2}N + \frac{1}{2}, n_2 = \frac{1}{2}N \frac{1}{2}(not n_1 = n_2 = \frac{1}{2}N!)$

Difference between one CL and the PE in log-scale; use the CL which is given with more significant digits

 $\Delta_{CL} = \ln PE - \ln CL_{lo} \quad or \quad \Delta_{CL} = \ln CL_{hi} - \ln PE$ 



# Calculation of CV<sub>intra</sub> from CI Calculate the Mean Square Error (MSE)



CV<sub>intra</sub> from MSE as usual  $CV_{intra} \% = 100 \cdot \sqrt{e^{MSE} - 1}$ 

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 Calculation of CV<sub>intra</sub> from CI ■ Example: 90% CI [0.91 – 1.15], N 21 (n<sub>1</sub> = 11, n<sub>2</sub> = 10)  $PE = \sqrt{0.91 \cdot 1.15} = 1.023$  $\Delta_{ct} = \ln 1.15 - \ln 1.023 = 0.11702$  $MSE = 2 \left( \frac{0.11702}{\sqrt{\left(\frac{1}{11} + \frac{1}{10}\right)} \cdot 1.729}} \right)^{2} = 0.04798$  $CV_{intro} \% = 100 \cdot \sqrt{e^{0.04798} - 1} = 22.2\%$ 



#### Literature data...



Doxicycline (37 studies from Blume/Mutschler, Bioäquivalenz: Qualitätsbewertung wirkstoffgleicher Fertigarzneimittel, GOVI-Verlag, Frankfurt am Main/Eschborn, 1989-1996)

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- Intra-subject CV from different studies can be pooled
  - Do not use the arithmetic mean (or the geometric mean either) of CVs
  - In the parametric model of log-transformed data, additivity of variances (not of CVs!) apply
  - Before pooling variances must be weighted according to the sample size

Calculate the variance from CV

 $\sigma_W^2 = \ln(CV_{\text{intra}}^2 + 1)$ 



•Intra-subject CV from different studies • Calculate the total variance weighted by degrees of freedom  $\sum \sigma_w^2 df$ • Calculate the pooled CV from total variance  $CV = \sqrt{e^{\sum \sigma_w^2 df} - 1}$ 

> Optionally calculate an upper  $(1-\alpha)$  % confidence limit on the pooled CV (recommended  $\alpha=0.20$ )

$$CL_{CV} = \sqrt{e^{\sum \sigma_W^2 df / \chi^2_{1-\alpha, \sum df}} - 1}$$

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•Example 1:  $n_1 = n_2$ ;  $CV_{Study1} < CV_{Study2}$ 

tudies	Ν	df (total)	α	1-α	total	$CV_{pooled}$	CV <sub>mean</sub>
2	24	20	0.2	0.8	1.2540	0.254	0.245
				$\chi^2$ (1- $\alpha$ ,df)	14.578	0.300	+17.8%

CV <sub>intra</sub>	n	seq.	df (mj)	σw	σ²w	$\sigma^2_W \times df$	CV <sub>intra /</sub> pooled	>CL <sub>upper</sub>
0.200	12	2	10	0.198	0.0392	0.3922	78.6%	no
0.300	12	2	10	0.294	0.0862	0.8618	117.9%	yes



•Example 2:  $n_1 < n_2$ ;  $CV_{Study1} < CV_{Study2}$ 

df

studies	Ν	
2	36	

(total)	α	1-α	total	$CV_{pooled}$	CV <sub>mean</sub>
32	0.2	0.8	2.2881	0.272	0.245
		$\chi^2$ (1- $\alpha$ ,df)	25.148	0.309	+13.4%

CV <sub>intra</sub>	n	seq.	df (mj)	σw	σ²w	$\sigma^2_W \times df$	CV <sub>intra /</sub> pooled	>CL <sub>upper</sub>
0.200	12	2	10	0.198	0.0392	0.3922	73.5%	no
0.300	24	2	22	0.294	0.0862	1.8959	110.2%	no



•Example 3:  $n_1 > n_2$ ;  $CV_{Study1} < CV_{Study2}$ 

df

studies	Ν
2	36

(total)	α	1-α	total	$CV_{pooled}$	CV <sub>mean</sub>
32	0.2	0.8	1.7246	0.235	0.245
		$\chi^2$ (1- $\alpha$ ,df)	25.148	0.266	+13.2%

CV <sub>intra</sub>	n	seq.	df (mj)	σw	σ²w	σ² <sub>W</sub> × df	CV <sub>intra /</sub> pooled	>CL <sub>upper</sub>
0.200	24	2	22	0.198	0.0392	0.8629	85.0%	no
0.300	12	2	10	0.294	0.0862	0.8618	127.5%	yes



Power to show BE with 12 – 36 subjects for CV<sub>intra</sub> = 20%

 $\begin{array}{ll} n & 24 \rightarrow 16: \\ power & 0.896 \rightarrow 0.735 \end{array}$ 

 $\begin{array}{ll} \mu_T / \mu_R & 1.05 \rightarrow 1.10; \\ power & 0.903 \rightarrow 0.700 \end{array}$ 



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#### ICH E9

#### Section 3.5 Sample Size, paragraph 3

- The method by which the sample size is calculated should be given in the protocol [...]. The basis of these estimates should also be given.
- It is important to investigate the sensitivity of the sample size estimate to a variety of deviations from these assumptions and this may be facilitated by providing a range of sample sizes appropriate for a reasonable range of deviations from assumptions.
- In confirmatory trials, assumptions should normally be based on published data or on the results of earlier trials.

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# Sample Size: Pilot Studies

#### Pilot Studies

Small pilot studies (sample size <12)</p>

- are useful in checking the sampling schedule and
- the appropriateness of the analytical method, but
- are not suitable for the purpose of sample size planning.



# Sample Size: Pilot Studies

#### Pilot Studies (cont'd)

- Moderate sized pilot studies (sample size ~12–24) lead to more consistent results (both CV<sub>intra</sub> and PE).
  - If you stated a procedure in your protocol, even BE may be claimed in the pilot study, and no further study will be necessary.
  - You may also use an upper confidence limit of CV<sub>intra</sub> in sample size estimation.
  - If you have some previous hints of high intra-subject variability (>30%), a pilot study size of <u>at least</u> 24 subjects is reasonable.

A Sequential Design may also avoid an unnecessary large pivotal study.

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## **Two-Stage Design**

•EMEA Draft BE Guideline(2008)

*'Internal Pilot Study Design'* 

- Section 4.1.8
  - Initial group of subjects treated and data analysed.
  - If BE not been demonstrated an additional group can be recruited and the results from both groups combined in a final analysis.
  - Appropriate steps to preserve the overall type I error (patient's risk).
  - First stage data should be treated as an interim analysis.



# **Two-Stage Design**

#### •EMEA Draft BE Guideline (2008)

Section 4.1.8 (cont'd)

- Both analyses conducted at adjusted significance levels (with the confidence intervals accordingly using an adjusted coverage probability which will be higher than 90%).
- Plan to use a two-stage approach must be prespecified in the protocol along with the adjusted significance levels to be used for each of the analyses.



# **Two-Stage Design**

#### Critical Remarks

- 'BE not been demonstrated' in initial group: If test at  $\alpha \leq 0.05$ , patient's risk already 'spent'!
- 'Adjusted significance levels': Bonferroni not validated in BE setting; patient's risk may be inflated (>0.05)!

likely to be implemented by US-FDA and Canada's HPB

Potvin D, Diliberti CE, Hauck WW, Parr AF, Schuirmann DJ, and RA Smith Sequential design approaches for bioequivalence studies with crossover designs Pharmaceut Statist (2007), DOI: 10.1002/pst.294 http://www3.interscience.wiley.com/cgi-bin/abstract/115805765/ABSTRACT

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#### Problems

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# Parametric methods (ANOVA, GLM) are very sensitive to outliers

#### A single outlier may underpower a properly sized study!

- Exclusion of outliers only possible if procedure stated in the protocol, <u>and</u> reason is justified, *e.g.*,
  - Lacking compliance (subject did not take the medication),
  - > Vomiting (up to  $2 \times t_{max}$  for IR, at all times for MR),
  - Analytical problems (e.g., interferences in chromatography);
  - Not acceptable if only based on statistical grounds.



#### Types

#### I. Concordant outlier

The PK response for both test and reference deviates from the majority of the study sample.

Poor metabolizers may lead to high concentrations in 5–10% of subjects.

Does not effect the BE-assessment, but should be discussed (polymorphism known?)

#### II. Discordant outlier

The PK response of either test or reference deviates form the majority of the study sample.









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Strategies / Solutions

- Be prepared to face the unexpected!
- Examples of drugs/formulations with documented product failures:
  - Drugs sensitive to low pH (gastric resistance!),
  - Monolithic MR products,
  - <mark>-</mark> ....
- Include available information (PK, literature, former studies) in the protocol.
- Develop a statistical contingency plan.



#### Solution I

- Since assumptions of the parametric statistical model are violated, you may apply a statistical method which does not rely on those!
- Drawback: Lacking regulatory acceptance of nonparametric methods in many countries...
  - WHO (Technical Report Series No. 937, Annex 9, Section 6.8, May 2006)
  - Japan NIHS (Bioequivalence Studies for Generic Products, Q&A Document, November 2006)
  - 8 All other regulatory agencies



#### Solution II

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Practically impossible!

- Stay with the parametric method, but
  - evaluate both the full data set and the reduced data set (outliers excluded) and discuss influence on the outcome of the study.
- In accordance with EMEA's Q&A #3:
  - Exceptional reasons may justify post-hoc data/exclusion [...]. In such a case, the applicant must <u>demonstrate</u> that the condition stated to cause the deviation is present in the outlier(s) only and absence of this condition has been investigated using the same criteria for all other subjects.
  - Results of statistical analyses with and without the group of excluded subjects should be provided.



# **Re-testing of subjects**

 If you suspect a <u>product failure of the</u> <u>reference formulation</u>, you may consider re-testing

- The outlying subject should be re-tested
   with *both* the test and reference.
  - Include ≥5 subjects, who showed 'normal' responses in the main study (*i.e.*, size of re-tested group ≥6 or 20% of subjects, whichever is larger).



# **Re-testing of subjects**

#### Evaluation

Expect questions anyway!

- Procedure sometimes suggested by the FDA:
  - If the subject shows a 'normal' response in re-testing, the original value may be exluded from the main study.
  - Substitution of original values with results from the re-test study not allowed
  - No pooling of data
- Not covered in any guideline
- Suggested by EGA (and many others) in comments to the drafted EU BE-guideline

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#### **Nuisance:** period effect



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### Nuisance: period effect





### Nuisance: period effect





#### **Nuisance:** period effect



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#### **Nuisance:** sequence effect

- In a 'standard' 2×2 cross-over design
  - the sequence effect is confounded with
    - the carry-over effect, and
    - the formulation-by-period interaction.
  - Therefore, a statistically significant sequence effect could indicate that there is
    - a true sequence effect,
    - a true carryover effect,
    - a true formulation by period interaction, or
    - a failure of randomization.



- •'Two-stage analysis'<sup>1</sup>) was and regrettably still is often applied.
  - Test for a significant sequence effect at  $\alpha$  0.10
  - If a significant sequence effect is found, evaluation of the first period as a parallel design
- This procedure was shown to be statistically flawed.<sup>2)</sup>

#### 1) JE Grizzle

The two-period change over design and ist use in clinical trials Biometrics 21: 467-480 (1965)

#### <sup>2)</sup> **P Freeman**

The performance of the two-stage analysis of two-treatment, two-period cross-over trials Statistics in Medicine 8: 1421-1432 (1989)

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- •In a large metastudy (n=420) significant sequence effects were found at  $\approx \alpha$ , both for AUC and C<sub>max</sub>.\*)
  - 2×2 studies (n=324)
    - AUC: 34/324 (10.5%) C<sub>max</sub>: 37/324 (11.4%)
  - ■6×3 studies (n=96)
    - AUC: 4/96 (4.2%) C<sub>max</sub>: 4/96 (4.2%)
  - For both metrics the distribution of p values followed closely Uniform [0,1]
    - \*) **D'Angelo G, Potvin D and J Turgeon** *Carry-over effects in bioequivalence studies* J Biopharm Stat 11: 35-43 (2001)

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### Nuisance: sequence effect

- These results could be confirmed (20 published studies, 143 studies from BEBAC's database; AUC):
  - Significant sequence effects in 22/163 studies (13.5%)
- Significant sequence effects in properly planned studies should be considered a statistical artefact (significant results are obtained in α of studies)





#### Conclusions

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- No valid procedure exists to correct for a true sequence/carry-over effect
- A true sequence/carry-over is highly unlikely in a BE study if
  - the study is performed in healthy subjects,
  - the drug is not an endogenous entity, and
  - an adequate washout period (no predose concentrations) was maintained.

Testing for a sequence effect is futile!



#### Conclusions (cont'd) EMEA Draft GL on BE (2008) A test for carry-over should not be performed and no decisions regarding the analysis (e.g. analysis of the first period, only) should be made on the basis of such a test. The potential for carry-over can be directly addressed by examination of the pre-treatment plasma concentrations in period 2 (and beyond if applicable).





#### Conclusions (cont'd)

EMEA Draft GL on BE (2008)

[...] tests for difference and the respective confidence intervals for the treatment effect, the period effect, and the sequence effect should be reported for descriptive assessment.

Tests for the treatment effect are meaningless in BE!

BE assessment is not influenced by the period effect.

Sequence effect again?!



#### Nuisance: group effect

#### More than one group of subjects

If a crossover study is carried out in two or more groups of subjects (*e.g.*, if for logistical reasons only a limited number of subjects can be studied at one time), the statistical model should be modified to reflect the multigroup nature of the study. In particular, the model should reflect the fact that the periods for the first group are different from the periods for the second group.'

FDA, Center for Drug Evaluation and Research (CDER) Guidance for Industry: Statistical Approaches to Establishing Bioequivalence (2001)



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#### Nuisance: group effect

#### More than one group of subjects

- Cases where '... the study is carried out in two or more groups and those groups are studied at different clinical sites, or at the same site but greatly separated in time (months apart, for example) [...] should be discussed with the appropriate CDER review division.'
- EMEA BA/BE (2001), BE Draft (2008)
  - The study should be designed in such a way that the formulation effect can be distinguished from other effects.



### Nuisance: group effect

- Increasing number of referrals (deficiency letters) from
  - Canada
  - Gulf States (Saudia Arabia, Emirates, Oman)
- Extended Statistical model (fixed effects in ANOVA)
  - Group
  - Group × Treatment Interaction
  - If both terms are not significant (p>0.05), pooling of groups is justified.

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### Nuisance: group effect

#### Recommendations

- If possible, multiple groups should be avoided.
- Keep the time interval between groups as short as possible.

Do not split the study into equally sized groups.

- Perform at least one group in the maximum capacity of the clinical site (e.g., 24+8 instead of 16+16 for a total of 32).
- If a significant group and/or group × treatment interaction is found (preventing a pooled analysis), it may still be possible to demonstrate BE in the largest group only.



# Are we making progress?

- About 3000 10000 BE studies / year are conducted worldwide; only ~ 1 – 5% of them are published.
- Although a standard for publishing data of BE studies was already suggested in 1992,<sup>1)</sup>
  - a review in 2002 found only 17 complete data sets on AUC and 12 on C<sub>max</sub>.<sup>2)</sup>
  - Since no 'real world' data are available, proposed methods (e.g., reference-scaled ABE) rely entirely on simulations!
  - Studies seen by regulators are 'selection biased'.
  - Sauter R, Steinijans VW, Diletti E, Böhm E and H-U Schulz Int J Clin Pharm Ther Toxicol 30/Suppl.1, S7-S30 (1992)
  - 2) Nakai K, Fujita M and M Tomita Int J Clin Pharmacol Ther 40, 431-438 (2002)

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#### **Bell curve** (and beyond?)

- Abraham de Moivre (1667-1754), Pierre-Simon Laplace (1749-1827)
   Central limit theorem 1733, 1812
- Carl F. Gauß (1777-1855) Normal distribution 1795
- William S. Gosset, aka Student (1876-1937)
   *t*-distribution 1908
- Frank Wilcoxon (1892-1965) Nonparametric tests 1945











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## Thank You! Statistical Design and Analysis II Open Questions?

(References in your handouts)

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### References

- •Collection of links to global documents <u>http://bebac.at/Guidelines.htm</u>
- •ICH
  - E3: Structure and Content of Clinical Study Reports (1995)
  - E6: Good Clinical Practice (1996)
  - E8: General Considerations for Clinical Trials (1997)
  - E9: Statistical Principles for Clinical Trials (1998)

#### •WHO

- Guidelines for GCP for trials on pharmaceutical products (WHO Technical Report Series No. 850, Annex 3, 1995)
- Handbook for GCP (2005)
- WHO Expert Committee on Specifications for Pharmaceutical Preparations, Fortieth Report (WHO Technical Report Series No. 937, Annex 9: Additional guidance for organizations performing *in vivo* bioequivalence studies. 2006)

#### **•**US FDA

- 21CFR320: BA and BE Requirements (Revision 2008)
- Center for Drug Evaluation and Research (CDER) CDER's Manual of Policies and Procedures
  - Review of BE Study Protocols (2006)
  - Review of BE Studies with Clinical Endpoints in ANDAs (2006)
- Center for Drug Evaluation and Research (CDER)
  - Statistical Approaches Establishing Bioequivalence (2001)
  - Bioavailability and Bioequivalence Studies for Orally Administered Drug Products – General Considerations (Rev.1 2003)
  - ANDA Checklist for Completeness and Acceptability (2006)
  - Bioequivalence Recommendations for Specific Products (2007)
  - ANDA Checklist for Completeness and Accept-ability (2006)
  - Submission of Summary BE Data for ANDAs (2009)



### References

 EudraLex – The Rules Governing Medicinal Products in the European Union

http://ec.europa.eu/enterprise/pharmaceuticals/eudralex/

• Directive 2001/20/EC: Implementation of GCP in the Conduct of Clinical Trials on Medicinal Products for Human Use (2001)

#### EMEA GCP Inspector's Group

Procedure for Conducting GCP Inspections requested by the EMEA

- Annex I: Investigator Site (2007)
- Annex IV: Sponsor Site and/or Contract Research Organisations (CRO) (2007)
- Annex V: Bioanalytical part, Pharmacokinetic and Statistical analyses of Bioequivalence Trials (2008)
- EMEA/CPMP/CHMP
  - NfG on the Investigation of BA/BE (2001)
  - Points to Consider on Multiplicity Issues in Clinical Trials (2002)
  - BA/BE for HVDs/HVDPs: Concept Paper (2006); removed form EMEA's website in Oct 2007. Available at http://bebac.at/downloads/14723106en.pdf
  - Questions & Answers on the BA and BE Guideline (2006)
  - Draft Guideline on the Investigation of BE (2008)
  - Questions & Answers : Positions on specific questions addressed to the EWP therapeutic subgroup on Pharmacokinetics (2009)