





To bear in Remembrance...

Whenever a theory appears to you as the only possible one, take this as a sign that you have neither understood the theory nor the problem which it was intended to solve. *Karl R. Popper*

Even though it's *applied* science we're dealin' with, it still is – *science!*

Leslie Z. Benet

Statistics – A subject which most statisticians find difficult but in which nearly all physicians are expert. Stephen Senn





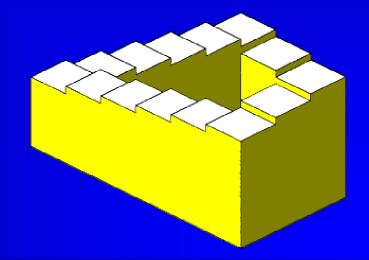


Pharma



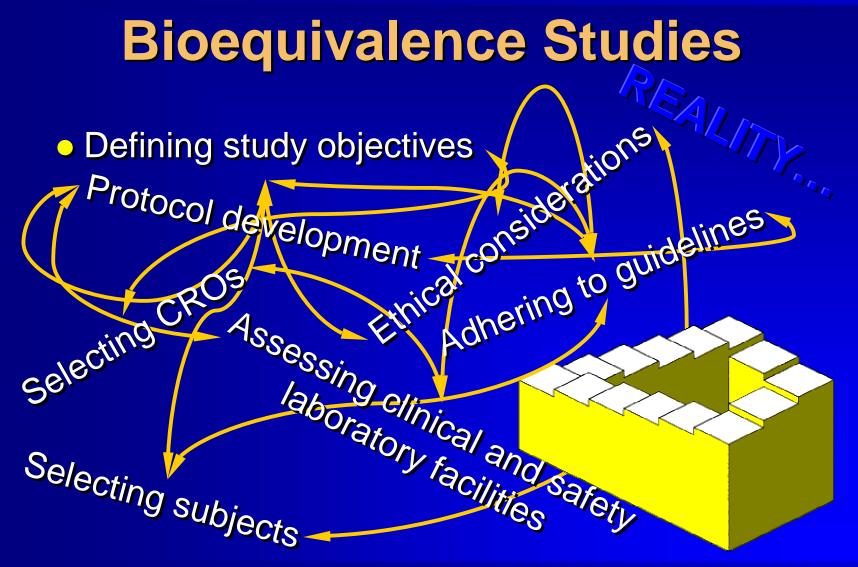
Bioequivalence Studies DREAM

- Defining study objectives
- Selecting CROs
- Protocol development
- Ethical considerations
- Assessing clinical and safety laboratory facilities
- Selecting subjects
- Adhering to guidelines













Overview

 Bioequivalence Surrogate of clinical equivalence or Measure of pharmaceutical quality? Types of studies Pharmacokinetic (PK) Pharmacodynamic (PD) Clinical (equivalence and/or safety/efficacy) Healthy Subjects vs. patients Single dose vs. multiple dose Parallel / cross-over / replicate

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Overview

•Types of studies (cont'd) Food effect PK interaction Design Issues Reference product / batch, dose regimen Fasted / fed state Standardization Bioanalytics (not GLP!) Parent drug / metabolite(s) / enantiomers / pro-drugs Validation / routine application



Overview

Ethics (GCP!) Dose levels / number of administered doses Number / volume of blood samples Drug and/or adverse effects Clinical performance (GCP!) CRO selection Responsibilities of sponsor / investigator Audits / monitoring





Overview

•NCA / PK (PD)

Sampling schedule
 Metrics (*AUC*, *C_{max}*; *AUEC*, *Ae_{max}*, ...)
 Design, methods, evaluation

•Sample size

Estimation from previous and/or pilot studies, literature

Two-stage designs, scaling appoaches (HVDs)

Biostatistics

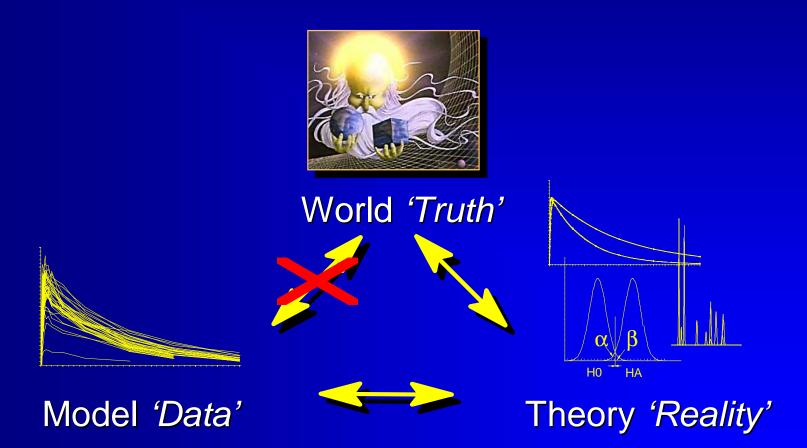
Models & assumptions

Protocol, evaluation, report

Pharma



Assumptions





Setting up a BE Study: from design to approval

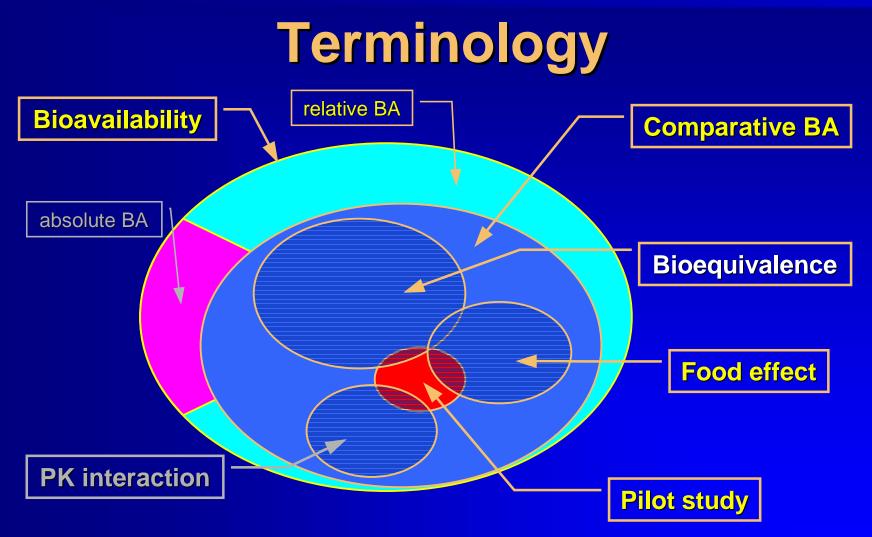


Models vs. Reality













Definition

 According to 'old' EU NfG (3. Design and Conduct of Studies, paragraph 2): A bioequivalence study is basically a comparative bioavailability study designed to establish equivalence between test and reference products. Comparative BA, designed to demonstrate BE, reference = innovator's product.

EMEA Human Medicines Evaluation Unit / CPMP

Note for Guidance on the Investigation of Bioavailability and Bioequivalence (2001) http://bebac.at/downloads/140198enfin.pdf

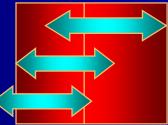




Bioequivalence...

Comparative BA True experiment; no bibliographic comparison Designed to demonstrate BE Variability, Deviation of test from reference, Drop-out rate, ... to be able (statistical power!) to demonstrate BE

•Reference = Innovator's product



- #1: BE [90%–125%] #2: BE [80%–110%]
- #3: not BE [76%-103%]; (but 'BE' to #2)





Bioequivalence...

•EMA GL on BE (2010)

Two medicinal products containing the same active substance are considered bioequivalent if they are pharmaceutically equivalent or pharmaceutical alternatives and their bioavailabilities (rate and extent) after administration in the same molar dose lie within acceptable predefined limits. These limits are set to ensure comparable in vivo performance, i.e. similarity in terms of safety and efficacy.





Global Harmonization?

- In almost all regulations two metrics are necessary to demonstrate BE, namely
 - extent $(AUC_t \text{ or } AUC_{\infty})$ and
 - rate (C_{max}) of exposure.
- One exception: US-FDA (where AUC, and AUC, must demonstrate extent of exposure)
 - Although stated in the GL, such a requirement is statistically flawed.
 - Multiplicity issues (what is the patient's risk?)
 - Impossible *a*-adjustment (interdependence)

There can be only one!







History of BE

Bioequivalence

- Problems first noticed with NTIDs (Narrow Therapeutic Index Drugs) in the late 1970s
- Intoxications (and even some fatallities!) were reported (warfarin, digoxin, phenytoin)
 - Warfarin, digoxin: Patients switched between formulations which were got approval solely based on *in vitro* data (innovator up generic)
 - Phenytoin: The innovator's API was changed from a microcrystalline to an amorphous form resulting in 10x higher plasma concentrations in steady state



History of BE

Bioequivalence

- Surrogate of clinical equivalence (1980+)
 - Studies in steady state in order to reduce variability
 - Studies based on active metabolite
 - Wider acceptance range if clinical justifiable (not FDA!)
- Measure of pharmaceutical quality (2000+)
 - Single dose studies preferred
 - Generally parent drug
 - Widening of acceptance range exceptional (except FDA HVDs and EMA C_{max} of HVDs)







Early 1980s

First method

 FDA's 75/75 Rule BE, if 75% of subjects show ratios of 75%-125%. Not a statistic, variable formulations may pass by chance...

BE Cabana

Assessment of 75/75 Rule: FDA Viewpoint J Pharm Sci 72, 98-99 (1983) JD Haynes FDA 75/75 Rule: A Response J Pharm Sci 72, 99-100 (1983)

	Т	R	T/R	75%-125%
1	71	81	87.7%	yes
2	61	65	93.8%	yes
3	80	94	85.1%	yes
4	66	74	89.2%	yes
5	94	54	174.1%	no
6	97	63	154.0%	no
7	70	85	82.4%	yes
8	76	90	84.4%	yes
9	54	53	101.9%	yes
10	99	56	176.8%	no
11	83	90	92.2%	yes
12	51	68	75.0%	yes
				75.0%





Mid 1980s I

Early method

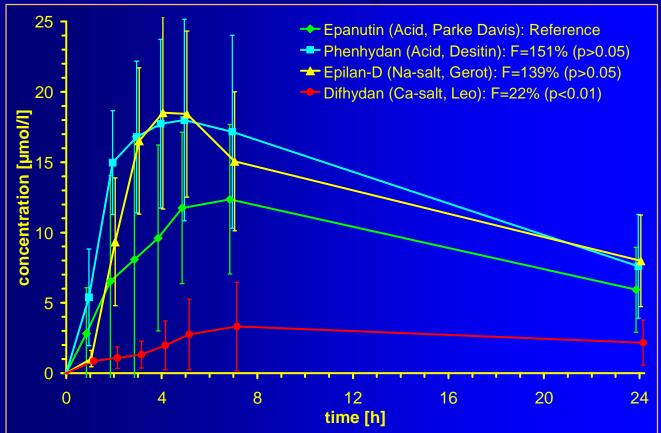
- Testing for a significant difference (*t*-test) at α 0.05 Problem:
 - High variability in differences → formulation will pass ($p \ge 0.05$)
 - Low variability in differences
 - \rightarrow formulation will fail (p < 0.05)
 - This is counterintuitive and the opposite of what we actually want!

	Т	R	T–R
1	71	81	-10
2	61	65	-4
3	80	94	-14
4	66	74	-8
5	94	54	+40
6	97	63	+34
7	70	85	-15
8	76	90	-14
9	54	53	+1
10	99	56	+43
11	83	90	-7
12	51	68	-17
mean	75	73	+2
SD	16	15	23
CV%	21.4%	20.6%	940%
		t-table	2.2010
		t-calc	0.3687
			n.s.





Example



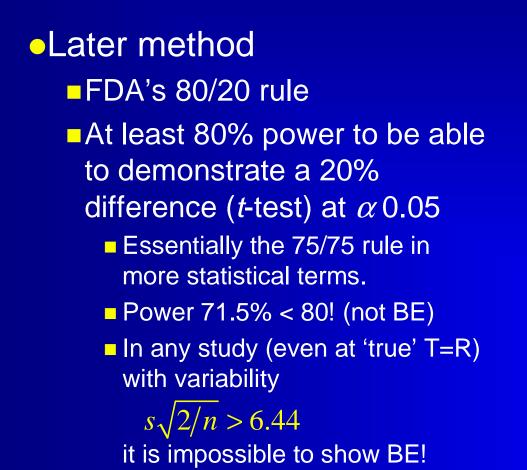
Nitsche V, Mascher H, and H Schütz

Comparative bioavailability of several phenytoin preparations marketed in Austria Int J Clin Pharmacol Ther Toxicol 22(2), 104-107 (1984)





Mid 1980s II



	Т	R	T–R
1	71	81	-10
2	61	65	-4
3	80	94	-14
4	66	74	-8
5	94	54	+40
6	97	63	+34
7	70	85	-15
8	76	90	-14
9	54	53	+1
10	99	56	+43
11	83	90	-7
12	51	68	-17
mean	75	73	+2
SD	16	15	23
		t-table	2.2010
		t-calc	0.3687
			n.s.
		power	71.59%





Late 1980s

•TOST (Two One-Sided Tests)

- First formulation of the problem based on equivalence rather than a difference
 - Two One-Sided t-tests
 - Bioequivalent if p(<80%) + p(>120%) ≤0.05
 - Equivalent to a 90% confidence interval within an acceptance range of 80% – 120%

DA Schuirmann

A Comparison of the Two One-Sided Tests Procedure and the Power Approach for Assessing the Equivalence of Average Bioavailability J Pharmacokin Biopharm 15, 657–680 (1987)

	-		TD
		R	T–R
1	71	81	-10
2	61	65	-4
3	80	94	-14
4	66	74	-8
5	94	54	+40
6	97	63	+34
7	70	85	-15
8	76	90	-14
9	54	53	+1
10	99	56	+43
11	83	90	-7
12	51	68	-17
	p	(<80%)	0.0069
	p(>	>120%)	0.0344
		p(total)	0.0414
		T/R	103.32%
	90%	CI (lo)	88.35%
	90%	CI (hi)	118.30%





Excursion: α - vs. β -Error

- All formal decisions are subjected to two types of error:
 - Error Type I (*a*-Error, Risk Type I)
 - Error Type II (β -Error, Risk Type II)
 - Example from the justice system:

Verdict	Defendant innocent	Defendant guilty
Presumption of innocence not accepted (guilty)	Error type I	Correct
Presumption of innocence accepted (not guilty)	Correct	Error type II







•... in more statistical terms:

Decision	Null hypothesis true	Null hypothesis false
Null hypothesis rejected	Error type I	Correct (H _a)
Failed to reject null hypothesis	Correct (H ₀)	Error type II

In BE-testing the null hypothesis is bioinequivalence (μ₁ ≠ μ₂)!

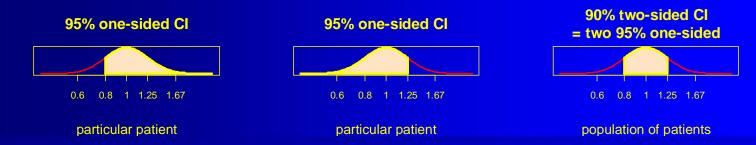
Decision	Null hypothesis true	Null hypothesis false
Null hypothesis rejected	Patients' risk	Correct (BE)
Failed to reject null hypothesis	Correct (not BE)	Producer's risk





α - vs. β -Error

- α-Error: Patient's Risk to be treated with a bioinequivalent formulation (H₀ falsely rejected)
 - BA of the test compared to reference in a particular patient is risky <u>either</u> below 80% <u>or</u> above 125%.
 - If we keep the risk of particular patients at 0.05 (5%), the risk of the entire population of patients (<80% and >125%) is $2 \times \alpha$ (10%) is: 90% CI = 1 - 2× α = 0.90







α - vs. β -Error

- β -Error: Producer's Risk to get no approval for a bioequivalent formulation (H_0 falsely not rejected)
 - Set in study planning to ≤ 0.2 , where power = $1 \beta = \geq 80\%$
 - If power is set to 80 %

One out of five studies will fail just by chance!

α 0.05	BE
not BE	β 0.20





Human Guineapigs I

- BE studies as a surrogate for clinical efficacy / safety ('essential similarity')
 - We want to get unbiased estimates, *i.e.*, the point estimate from the study sample ...

$$PE = \frac{\hat{X}_{Test}}{\hat{X}_{Reference}}$$



should be representative for the population of patients.

$$F_{Pop} = \frac{\mu_{Test}}{\mu_{Reference}}$$





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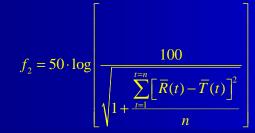
Human Guineapigs II

- BE studies as a special case of documented pharmaceutical quality
 - The *in vivo* release in the biostudy ...

$$PE = \frac{X_{Test}}{\hat{X}_{Reference}}$$



should be representative for the *in vitro* performance.









$\textbf{Science} \rightarrow \textbf{Regulations}$

- •We can't compare bioavailabilities in the entire population of patients
 - Scientific Reductionism (based on assumptions)
 - Similar' concentrations in healthy subjects will lead to 'similar' effects in patients.

Equal doses and inter-occasion clearances!

$$AUC_{T} = \frac{D_{T} \cdot F_{T}}{CL_{T}}, AUC_{R} = \frac{D_{R} \cdot F_{R}}{CL_{R}}$$
$$\begin{bmatrix} D_{T} \cong D_{R}, CL_{T} \cong CL_{R} \end{bmatrix}$$
$$F_{rel}(BA) = \frac{F_{T}}{F_{R}} \cong \frac{AUC_{T}}{AUC_{R}}$$





Another reminder

Rose is a rose is a rose is a rose.



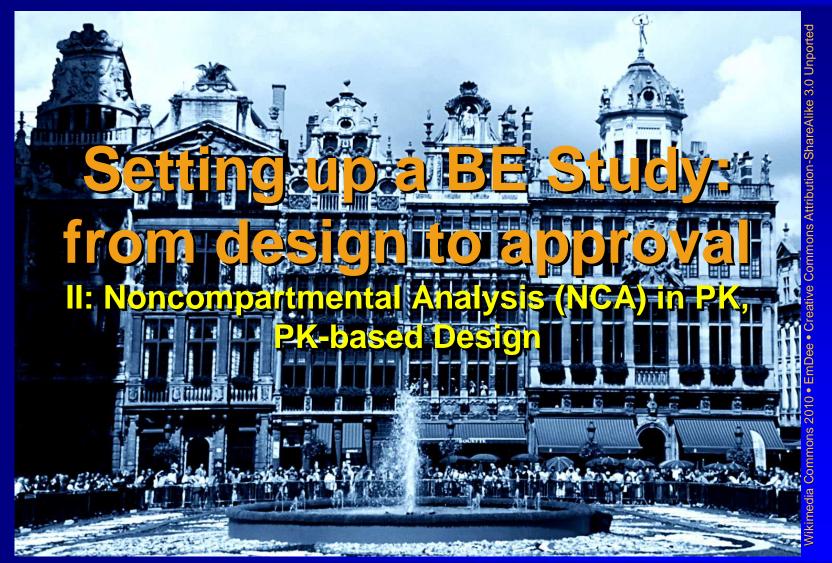
Gertrude Stein (1913)

Guidelines are guidelines are guidelines.

Henrike Potthast (ca. 2004)

No one wants to learn from mistakes, but we cannot learn enough from successes to go beyond the state of the art. *Henry Petroski*







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NCA vs. PK Modeling

- Noncompartmental methods do not rely on a pharmacokinetic (=compartmental) model
- Also called SHAM (Shape, Height, Area, Moments)
 - Metrics (plasma)
 - Extent of absorption (EU...), total exposure (US): AUC
 - Rate of absorption (EU...), peak exposure (US): C_{max}
 - *t_{max}* (EU…)
 - Early exposure (US, CAN): AUC_{tmax}; partial AUC truncated at population (CAN: subject's) t_{max} of the reference
 - Others: C_{min} , Fluctuation, MRT, Occupancy time, t_{lag} ,...



NCA vs. PK Modeling

Noncompartmental methods (cont'd)

- Metrics (urine)
 - Extent of absorption (EU...), total exposure (US): Ae_t (cumulative amount excreted) rarely extrapolated to t=∞
 - Rate of absorption, peak exposure (US):

 $\Delta A e_{max}, t \Delta A e_{max}$

EU: C_{max} , t_{max} from plasma!





NCA vs. PK Modeling

Pharmacokinetic models

- Useful for understanding the drug/formulation
 - Study design of BA/BE!
- Drawbacks:
 - Almost impossible to validate (fine-tuning of side conditions, weighting schemes, software, …)
 - Still a mixture of art and science.
 - Impossible to recalculate any given dataset using different software – sometimes even different versions of the same software!
 - Not acceptable for evaluation of BA/BE studies!



NCA (Methods)

Single dose \square Calculation of Moments of Curve (AUC, MRT) Linear trapezoidal rule, loglinear trapezoidal rule, or combination (lin-up, log-down). Calculation of half life $(t_{1/2})$ from elimination rate (λ_{2}) Unweighted (!) log-linear regression Extrapolation from time point of last quantified concentration to infinity $AUC_{\infty} = AUC_t + \frac{C_t}{\hat{\lambda}}$ or better: $AUC_{\infty} = AUC_t + \frac{C_t}{\hat{\lambda}}$ $\Box C_{max} / t_{max}$ directly from profile



NCA (Methods)

Single dose

- Method of estimation of λ_z stated in protocol!
 - One-compartment model: TTT-method *) (Two times t_{max} to t_z)
 - Maximum adjusted R² (Phoenix/WinNonlin, Kinetica)

$$R_{adj}^2 = 1 - \frac{(1 - R^2) \cdot (n - 1)}{n - 2}$$

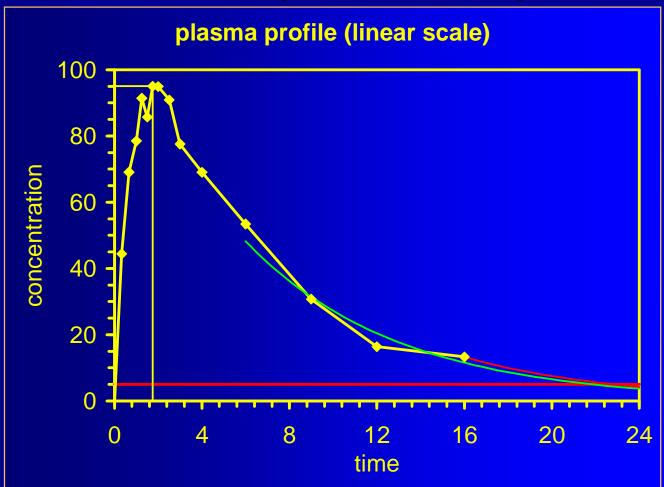
WinNonlin ≤5.3: C_{max} included Phoenix/WNL ≥6.0: C_{max} excluded

Multi-compartment models: starting point = last inflection
Minimum AIC AIC = n · [ln(2 · π) + 1] + n · ln(RSS/n) + 2 · p
Visual inspection of fit mandatory!

*) Scheerans C, Derendorf H and C Kloft Proposal for a Standardised Identification of the Mono-Exponential Terminal Phase for Orally Administered Drugs Biopharm Drug Dispos 29, 145–157 (2008)

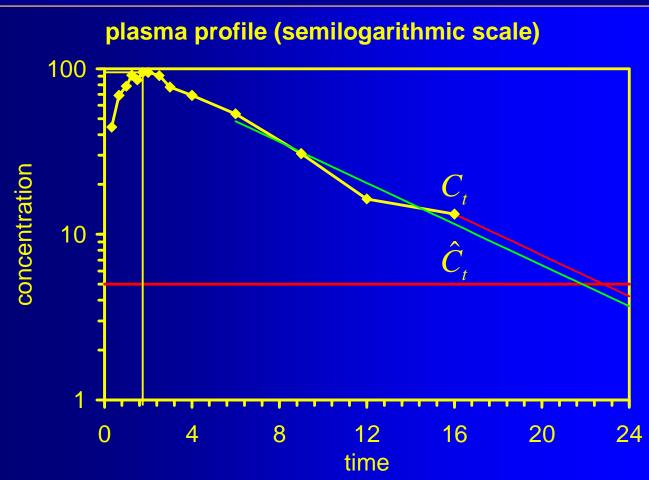














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Single dose

Unconventional parameters describing the shape of the profile

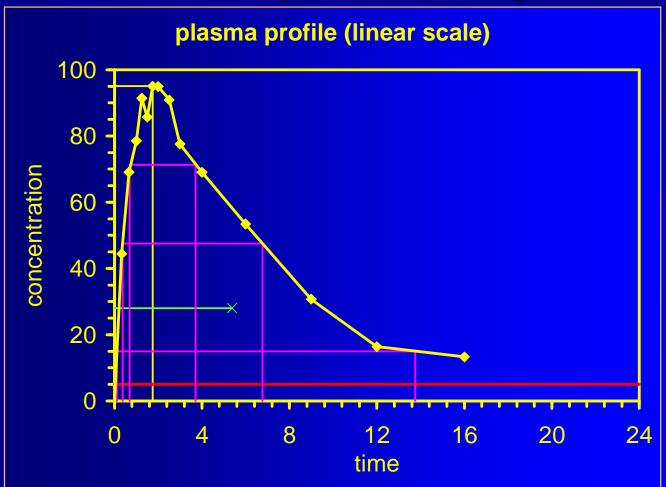
 $\blacksquare C_{max} / AUC$

■ *HVD* (Half value duration: time interval where $C(t) \ge 50\%$ of C_{max})

- $t_{75\%}$ (Plateau time: interval where $C(t) \ge 75\%$ of C_{max})
- Occupancy time, $t \ge MIC$ (time interval where C(t) is above some limiting concentration)











Multiple dose

- Calculation of AUC_{τ} (dosage interval τ);
 - *AUC*_{ss,24h} if more than *o.a.d.* and chronopharmacological variation)
- No extrapolation!
- $\Box C_{ss,max}$ directly from profile
- C_{ss,min} from profile or (if missing values / time dev's)

$$\hat{C}_{ss,min} = C_z e^{-\hat{\lambda}_z(\tau - t_z)}$$

 Peak-Trough-Fluctuation (C_{ss,max} - C_{ss,min}) / C_{ss,av}, where C_{ss,av} = AUC_{\(\alpha\)} / \(\alpha\)
 Swing (C_{ss,max} - C_{ss,min}) / C_{ss,min})

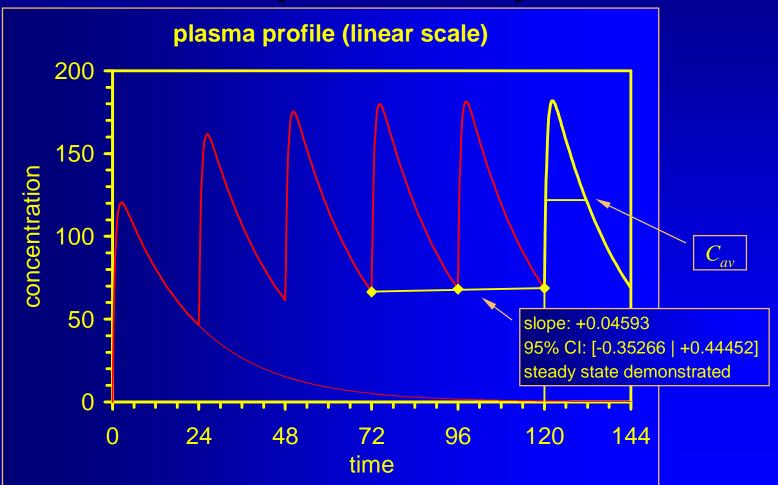


Multiple dose

- Assessment whether steady state is reached (in a linear PK system: $AUC_{\tau} = AUC_{\infty}$)
 - No recommendations in GLs (except EU/US Veterinary)
 - Not required according to comments to EMA BE-GL
 - MANOVA-model (sometimes mentioned in Canada, rarely used)
 - t-test of last two pre-dose concentrations
 - Hotelling's T²
 - Linear regression of last three pre-dose concentrations, individually for each subject/treatment
- Only the last method allows the exclusion of subjects being not in stead state. Other methods give only a yes no result!











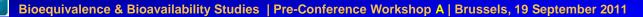
Missing values

Pharma

a division of IQPC

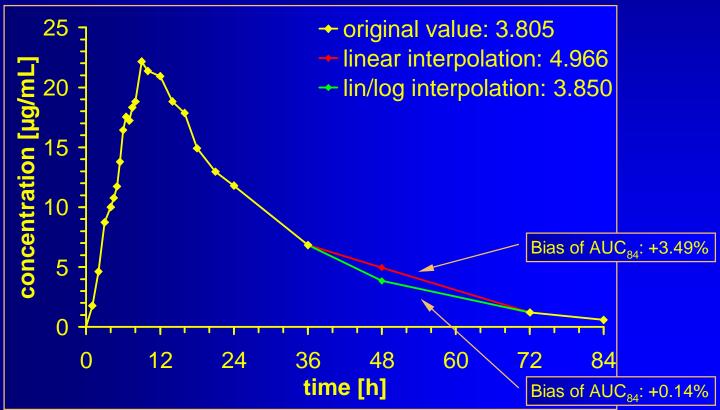
iQ

- Procedure for Imputation must be stated in the Protocol; recommended:
 - in the Absorption Phase (t < t_{max}) by linear Interpolation of two adjacent values
 - in the Elimination Phase $(t \ge t_{max})$ by log/linear Interpolation of two adjacent values
 - estimated value must not be used in calculation of the apparent half life!
- Don't rely on softwares' defaults!
 - Phoenix/WinNonlin interpolates linear unless lin-up/logdown trapezoidal method is used
 - Kinetica interpolates log/lin within descending values



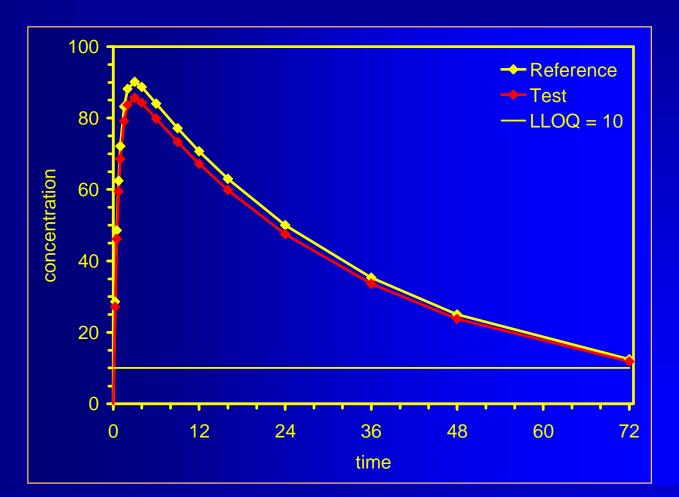


Missing values



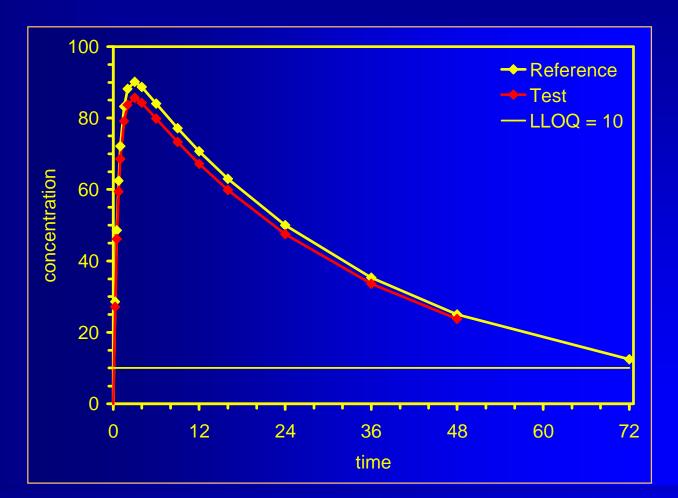






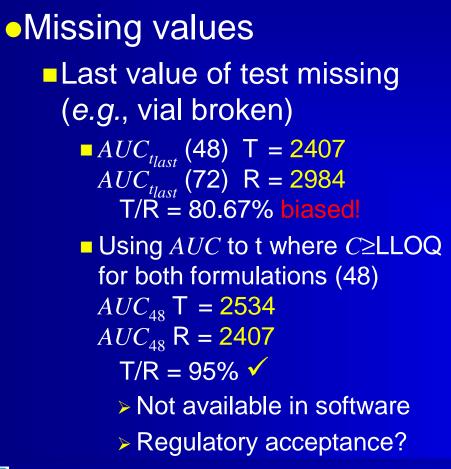








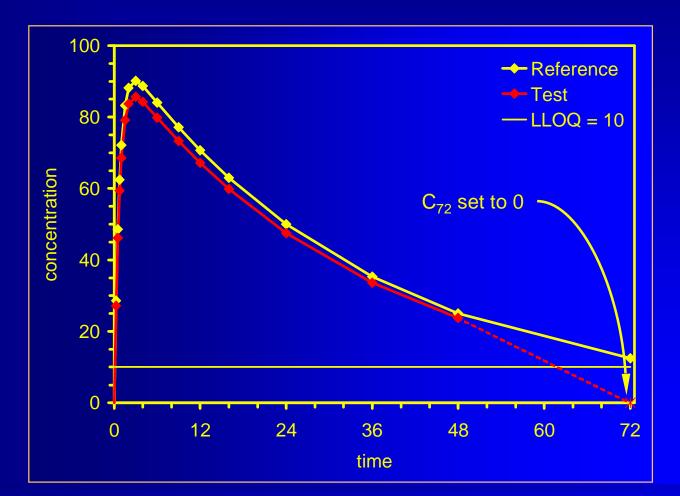




	Reference		Test	
time	conc	AUC _{0-t}	conc	AUC _{0-t}
0	BLQ	0	BLQ	0
0.25	28.57	4	27.14	3
0.50	48.57	13	46.14	13
0.75	62.50	27	59.38	26
1.00	72.15	44	68.55	42
1.5	83.26	83	79.10	79
2	88.14	126	83.73	119
3	90.14	215	85.63	204
4	88.70	304	84.26	289
6	84.07	477	79.86	453
9	77.11	719	73.25	683
12	70.71	940	67.18	893
16	63.00	1208	59.85	1147
24	50.00	1660	47.50	1577
36	35.36	2172	33.59	2063
48	25.00	2534	23.75	2407
72	12.50	2984	Missing	NA











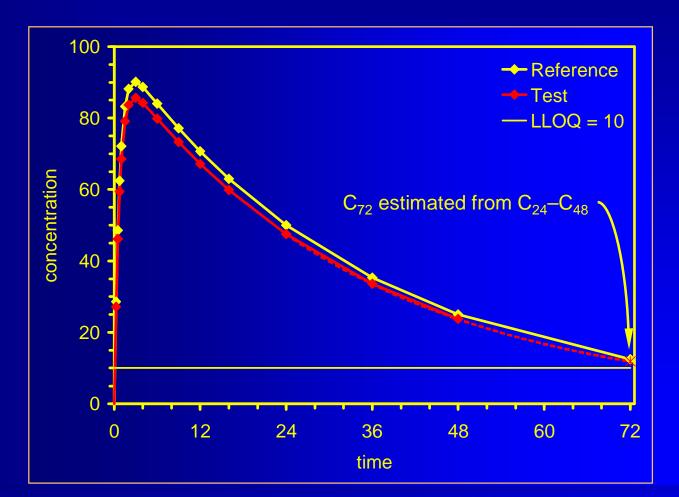
Missing values Last value of test missing (e.g., vial broken) Setting the first concentration in the profile where C<LLOQ to zero. AUC_{all} , 'invented' by Pharsight AUC_{all} (72) T = 2692 AUC_{all} (72) R = 2984 T/R = 90.22% biased! Available in Phoenix / WinNonlin, Kinetica

Regulatory acceptance?

	Reference		Те	st
time	conc	AUC _{0-t}	conc	AUC _{0-t}
0	BLQ	0	BLQ	0
0.25	28.57	4	27.14	3
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24	50.00	1660	47.50	1577
36	35.36	2172	33.59	2063
48	25.00	2534	23.75	2407
72	12.50	2984	= *0	2692

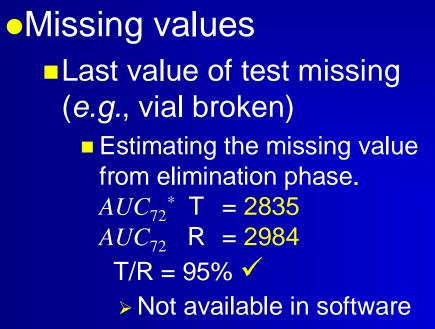












Regulatory acceptance ±

	Reference		Reference Test		st
time	conc	AUC _{0-t}	conc	AUC _{0-t}	
0	BLQ	0	BLQ	0	
0.25	28.57	4	27.14	3	
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4	88.70	304	84.26	289	
6	84.07	477	79.86	453	
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36	35.36	2172	33.59	2063	
48	25.00	2534	23.75	2407	
72	12.50	2984	*11.88	*2835	





Missing values Values below the lower limit of quantitation (LLOQ) Example as before, but LLOQ = 12.5 (instead 10) *AUC*₇₂: T = ?, R = 2984 T/R = ? AUC_{48} : T = 2407, R = 2534 T/R = 95% ✓ AUC_{all} : T = 2692, R = 2984 T/R = 90.22% biased! AUC_{72}^* : T = ?, R = 2984 T/R = ?

	Reference		Test	
time	conc	AUC _{0-t}	conc	AUC _{0-t}
24	50.00	1660	47.50	1577
36	35.36	2172	33.59	2063
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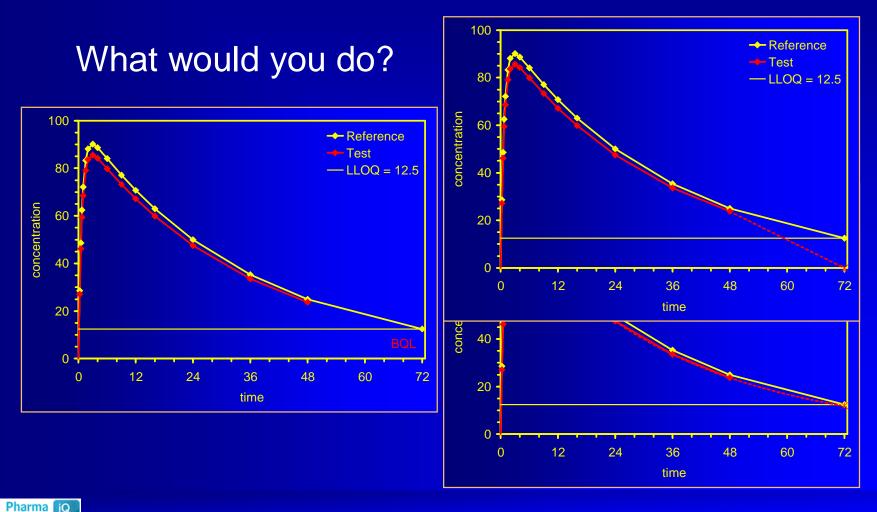
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Some Problems...



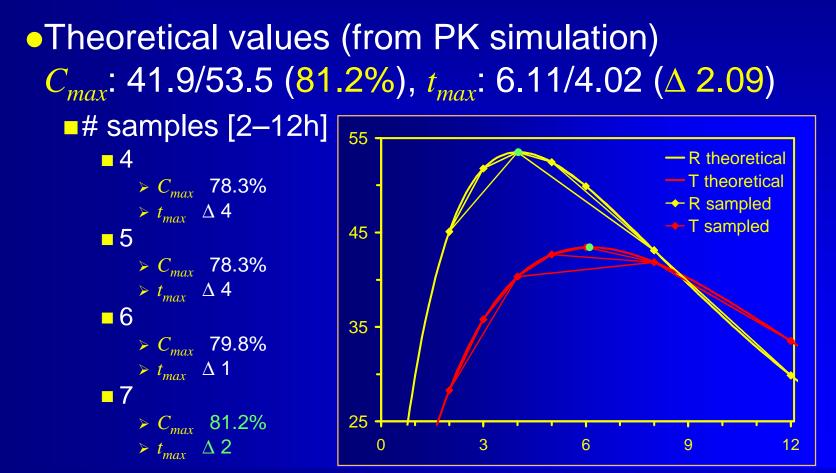
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- •With any (!) given sampling scheme the 'true' C_{max} is missed
 - It is unlikely that you sample *exactly* at the true C_{max} for any given subject
 - High inter- and/or intra-subject variability (single point metric)
 - Variability higher than AUC's
 - In many studies the win/loose metric!
 - Try to decrease variability
 - Increase sample size (more subjects)
 - Increase sampling within each subject (maybe better)

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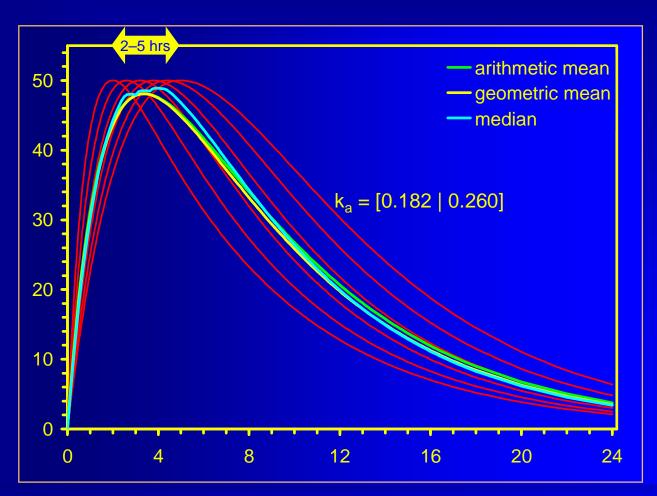
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'C_{max} was observed within two to five hours after administration ...'
Elimination is drug specific,
but what about absorption?
Formulation specific (k_a and/or t_{lag})!
Dependent on the sampling schedule (in a strict sense study-specific)

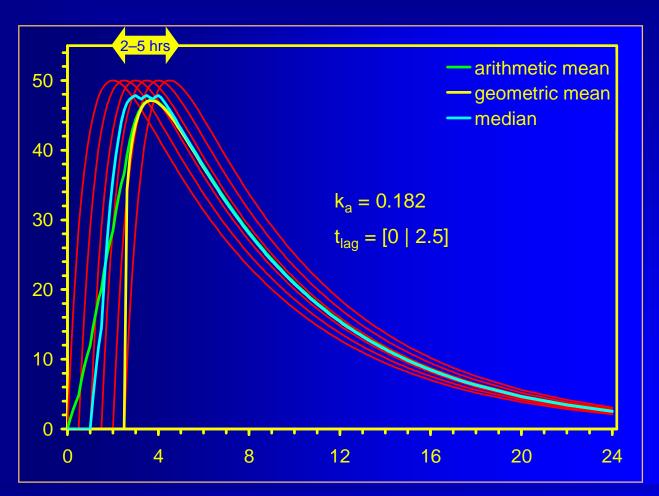
















•EMA GL on BE (2010)

Section 4.1.8 Reasons for exclusion 1)

A subject with lack of any measurable concentrations or only very low plasma concentrations for reference medicinal product. A subject is considered to have very low plasma concentrations if its AUC is less than 5% of reference medicinal product geometric mean AUC (which should be calculated without inclusion of data from the outlying subject). The exclusion of data [...] will only be accepted in exceptional cases and may question the validity of the trial.

Remark: Only possible after unblinding!





•EMA GL on BE (2010)

Section 4.1.8 Resons for exclusion 1) cont'd

The above can, for immediate release formulations, be the result of subject non-compliance [...] and should as far as possible be avoided by mouth check of subjects after intake of study medication to ensure the subjects have swallowed the study medication [...]. The samples from subjects excluded from the statistical analysis should still be assayed and the results listed.





Gastro-resistant (enteric coated) preparations

- Gastric emptying of single unit dosage forms non-disintegrating in the stomach is prolonged and highly erratic. The consequences of this effect on the enteric coating of delayed release formulations are largely unpredictable.
 - Sampling period should be designed such that measurable concentrations are obtained, taking into consideration not only the half-life of the drug but the possible occurrence of this effect as well. This should reduce the risk of obtaining incomplete concentration-time profiles due to delay to the most possible extent. These effects are highly dependent on individual behaviour.





Gastro-resistant (enteric coated) preparations

Therefore, but only under the conditions that sampling times are designed to identify very delayed absorption and that the incidence of this outlier behaviour is observed with a comparable frequency in both, test and reference products, these incomplete profiles can be excluded from statistical analysis provided that it has been considered in the study protocol.

EMEA, CHMP Efficacy Working Party therapeutic subgroup on Pharmacokinetics (EWP-PK)

Questions & Answers: Positions on specific questions addressed to the EWP therapeutic subgroup on Pharmacokinetics

EMEA/618604/2008 Rev. 3, 26 January 2011

http://www.ema.europa.eu/docs/en_GB/document_library/Scientific_guideline/2009/09/WC500002 963.pdf

What is *'comparable'*? For a study in 24 subjects, we get a significant difference for 5/0 (Fisher's exact test: *p* 0.0496).

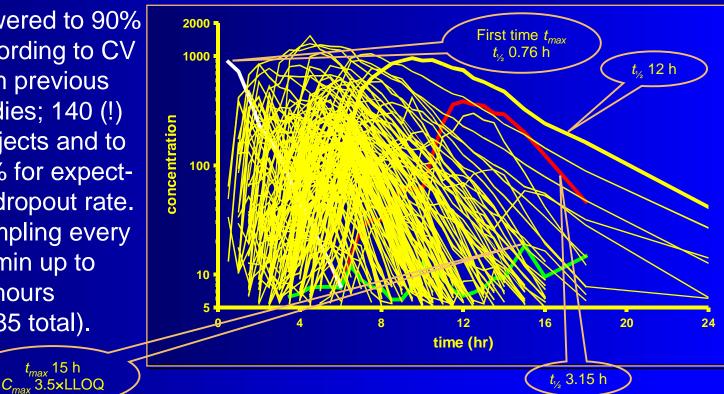




Case Study (PPI)

Attempt to deal with high variability in C_{max}

Powered to 90% according to CV from previous studies; 140 (!) subjects and to 80% for expected dropout rate. Sampling every 30 min up to 14 hours (7785 total).





Half lives

•Drug specific, *but* ...

- The apparent elimination represents the slowest rate constant (controlled release, topicals, transdermals) – not necessarily elimination!
- Avoid the term 'terminal elimination' might not be true
- Important in designing studies
 - To meet $AUC_t \ge 80\% AUC_{\infty}$ criterion
 - To plan sufficiently long wash-out (avoid carry-over)
 - To plan saturation phase for steady state





Half lives

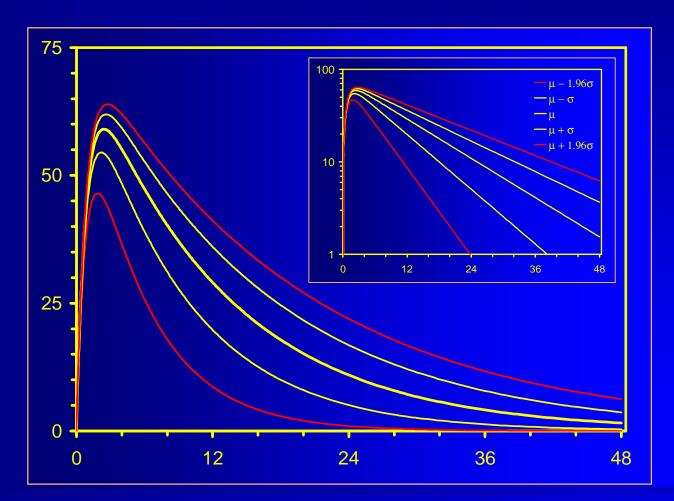
Dealing with literature data

- What if only mean ±SD is given?
 - Assuming normal distribution: $\mu \pm \sigma$ covers 68.27% of values (15.87% of values are expected to lie outside of $\mu \pm \sigma$)
 - Example: 8.5 ± 2.4 hours, 36 subjects. 0.1587 × 36 = 5.71 or in at least five subjects we may expect a half life of > 10.9 hours.
 - Plan for 95% coverage ($z_{0.95} = 1.96$): $p_{0.95} = \mu \pm z_{0.95} \times \sigma$ 8.5 ± 1.96 × 2.4 = [3.80, 13.2] hours.

We may expect a half life of >13.2 hours in ~one subject $(0.05/2 \times 36 = 0.90)$.



Half lives







Single Dose / Multiple Dose

- Single Dose recommended in most GLs, but steady-state studies
 - may be required:
 - in the case of dose- or time-dependent pharmacokinetics
 - for most modified release products (additionally to single dose BE)
 - may be considered:
 - if problems of sensitivity preclude sufficiently precise plasma concentration measurements after SD administration. With current developments in bioanalytical methodology, you should have strong evidence of infeasibility if you claim the necessity of a MD study based on lacking methods.
 Regulators are concerned with efficacy/safety issues – not with the budget of pharmaceutical companies!

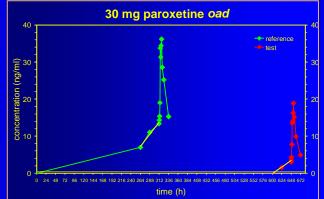




Single Dose / Multiple Dose

Steady-state studies

- No Wash-out between Periods (Switch-Over)!
- In order to fulfil the superposition principle of linear pharmacokinetics $(AUC_{\tau} = AUC_{\infty})$, you should demonstrate achievement of steady-state
 - Linear regression of pre-dose values in saturation phase 30 mg paroxetine oad
 - slope (from at least the last three values) should not significantly (p>0.05, two-sided) differ from zero,
 - subjects not in steady-state at begin of the profile(s) should be excluded from the evaluation – if stated in protocol!







Washout in MD Studies

•EMA GL on BE (2010)

The treatment periods should be separated by a wash out period sufficient to ensure that drug concentrations are below the lower limit of bioanalytical quantification in all subjects at the beginning of the second period. Normally at least 5 elimination half-lives are necessary to achieve this. In steady-state studies, the wash out period of the previous treatment last dose can overlap with the build-up of the second treatment, provided the build-up period is sufficiently long (at least 5 times the terminal half-life).

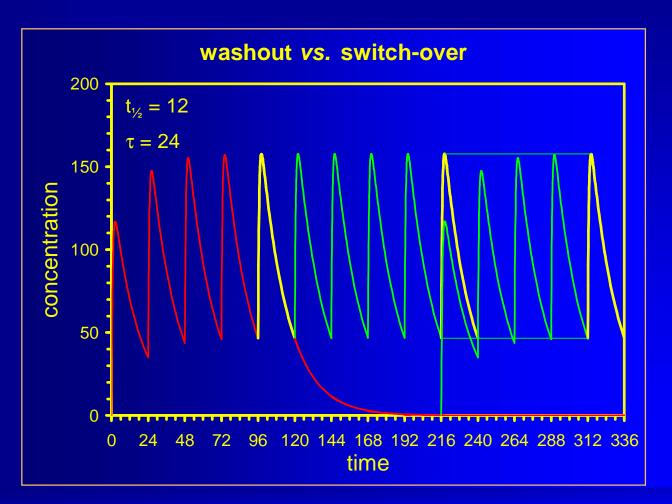
- Justified by PK Superposition Principle
- 'Switch-over Design'

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2001 NfG: 3 half-lives



Washout in MD Studies







To bear in Remembrance...

To call the statistician after the experiment is done may be no more than asking him to perform a *postmortem* examination: he may be able to say what the experiment died of. *Ronald A. Fisher*





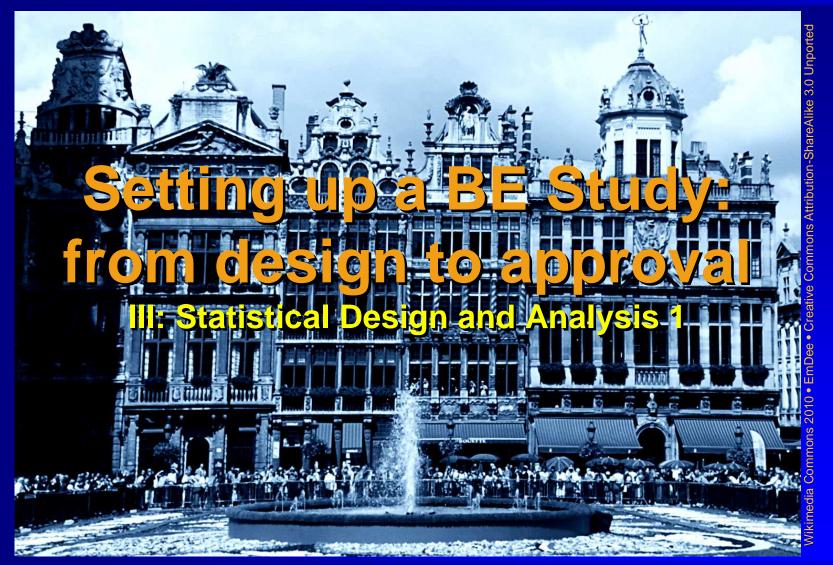
[The] impatience with ambiguity can be criticized in the phrase: absence of evidence is not evidence of absence. Carl Sagan

[...] our greatest mistake would be to forget that data is used for serious decisions in the very real world, and bad information causes suffering and death. Ben Goldacre













Assumptions: Statistics

Multiplicative Model (X-over without carryover)

$$X_{ijk} = \mu \cdot \pi_k \cdot \Phi_l \cdot s_{ik} \cdot e_{ijk}$$

X_{ijk}: *In*-transformed response of *j*-th subject $(j=1,...,n_i)$ in *i*-th sequence (i=1,2) and *k*-th period (k=1,2), μ : global mean, μ_i : expected formulation means $(l=1,2: \mu_l=\mu_{test}, \mu_2=\mu_{ref.})$, π_k : fixed period effects, Φ_i : fixed formulation effects $(l=1,2: \Phi_l=\Phi_{test}, \Phi_2=\Phi_{ref.})$





Assumptions: Statistics

Multiplicative Model (X-over without carryover)

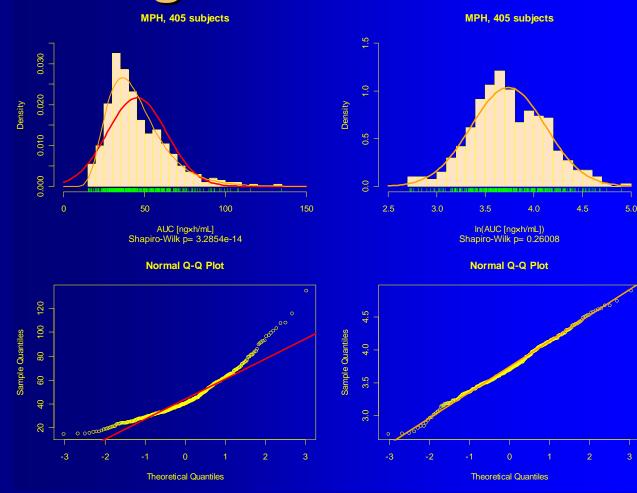
$$X_{ijk} = \mu \cdot \pi_k \cdot \varPhi_l \cdot s_{ik} \cdot e_{ijk}$$

 s_{ik} : random subject effect, e_{ijk} : random error Main Assumptions:

- All $ln\{s_{ik}\}$ and $ln\{e_{ijk}\}$ are independently and normally distributed about unity with variances σ_s^2 and σ_e^2 .
- All observations made on different subjects are independent.



Log-Transformation

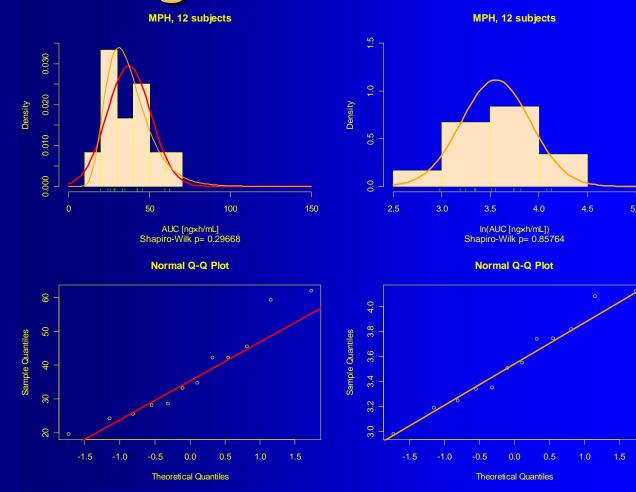


Clearly in favor of a lognormal distribution. Shapiro-Wilk test highly significant for normal distribution (rejected).





Log-Transformation



Data set from a real study. Both tests *not* significant (assumed distributions not rejected).

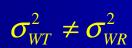
Tests not acceptable according to GLs; logtransformation based on prior knowledge (PK)!

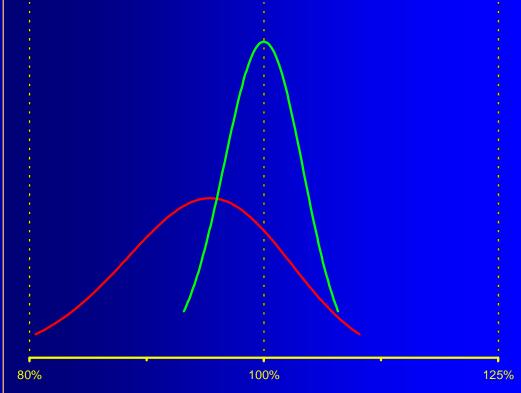




Science \rightarrow Regulations

Independent Identically Distributions (IID) What if ...









Global Harmonization?

Drugs with a narrow therapeutic range USA, Japan No difference to other drugs WHO, EU, 90 % CI; Acceptance range may be tightened, e.g., 0.9000-1.1111 NZ, India 90 % CI within 0.80–1.25 (C_{max}) RSA Brazil 95 % CI within 0.80–1.25 Canada No different procedure given in GL, but considered in current draft AUC 90 % CI within 0.90–1.12 C_{max} 90 % CI within 0.80–1.25 http://www.hc-sc.gc.ca/dhp-mps/alt_formats/pdf/consultation/drugmedic/draft_ebauche_cbs-eng.pdf (25 Jan 2010)





Basic Designs

Single Dose / Multiple Dose

Cross-over

- Standard 2×2
- Higher Order Designs (for more than two treatments)
 - Incomplete Block Designs
 - Latin Squares
 - Variance Balanced Designs (Williams' Designs)
- Replicate designs
- Parallel Groups





Basic Designs

•The more 'sophisticated' a design is, the more information (in terms of variances) we may obtain.

Hierarchy of designs:

Full replicate (TRTR | RTRT) →

Partial replicate (TRR | RTR | RRT) →

Standard 2×2 cross-over (RT | TR) ₹

Parallel (R | T)



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Basic Designs

Parallel Groups (patients, long half-life drugs)
Cross-over (generally healthy subjects)
Higher Order Designs (more than two formulations)
Incomplete Block Designs
Latin Squares
Variance Balanced Designs (Williams' Designs)
Standard 2×2×2
Replicate designs

Power



- Standard 2×2×2 (two-treatment two-sequence two-period) design
 - Each subject is randomly assigned to either sequence RT or sequence TR at two treatment periods
 - Dosing periods are separated by a washout period of sufficient length for the drug received in the first period to be completely metabolized or excreted from the circulation.
 - Smaller subject numbers compared to a parallel design, since the *within-subject* variability determines sample size (rather than *between-subject* variability).





Cross-over designs Standard 2×2×2 design Period Π **RANDOMIZATION** Reference Sequence 1 Test WASHOU⁻ **Subjects** Sequence 2 Reference Test



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Cross-over designs: Assumptions

Multiplicative Model (X-over without carryover)

$$X_{ijk} = \mu \cdot \pi_k \cdot \varPhi_l \cdot s_{ik} \cdot e_{ijk}$$

- All $ln\{s_{ik}\}$ and $ln\{e_{ijk}\}$ are independently and normally distributed about unity with variances σ_s^2 and σ_e^2 .
 - This assumption may not hold true for all formulations; if the reference formulation shows higher variability than the test formulation, a 'good' test will be penalized for the 'bad' reference.
- All observations made on different subjects are independent.
 - This assumption should not be a problem, unless you plan to include twins or triplets in your study...



Standard 2×2×2 design

- Advantages
 - Globally applied standard protocol for BE
 - Straigthforward statistical analysis
- Disadvantages
 - Not suitable for drugs with long half life (\rightarrow parallel groups)
 - Not optimal for studies in patients with instable diseases (
 → parallel groups)
 - Not optimal if CV is uncertain (→ Two-Stage Sequential Designs)
 - Not optimal for HVDs/HVDPs (→ Replicate Designs)



Cross-over designs: Evaluation

 Mainly by ANOVA and LMEM (linear mixed effects modeling). Results are identical for balanced datasets, and differ only slightly for imbalanced ones.

 Avoid M\$-Excel! Almost impossible to validate; tricky for imbalanced datasets – a nightmare for higher-order X-overs. Replicates impossible.

 Software: SAS, Phoenix/WinNonlin, Kinetica*, EquivTest/PK*, S+, Package *bear* for *R*.

* 2x2 X-over only



subject	Т	R
1	28.39	35.44
2	39.86	49.42
3	32.75	36.78
4	33.36	33.40
5	34.97	34.81
6	24.29	24.65
7	28.61	31.77
8	45.44	45.54
9	59.49	65.29
10	27.87	28.23
11	24.26	25.71
12	42.30	37.01

			7		
	sequer	nce RT		sequence TF	
subject	ΡI	ΡII	subject	ΡI	ΡII
2	39.86	49.42	1	28.39	35.44
3	32.75	36.78	4	33.36	33.40
5	34.97	34.81	6	24.29	24.65
8	45.44	45.54	7	28.61	31.77
10	27.87	28.23	9	59.49	65.29
11	24.26	25.71	12	42.30	37.01

Ordered by treatment sequences (RT | TR)

ANOVA on log-transformed data \rightarrow



Sequence		Peric	od 1		Period 2		Seq	uence mean
1	1R = .	X. ₁₁	3.5103	1T = 2	X. ₂₁ 3	.5768	X1	3.5436
2	2T = .	X. ₁₂	3.5380	2R = 2	X. ₂₂ 3	.5883	X2	3.5631
Period mean		X. ₁ .	3.5241		X. ₂ . 3	.5826	Х	3.5533
RT =	n ₁ =	6						
TR =	n ₂ =	6	1/n ₁ +1/n ₂	0.3333				
balanced	n =	12	1/n	0.0833	n ₁ +n ₂ -2	10		
Analysis of Variance								
Source of val	riation	df	SS	MS	F	P-va	ue	CV
Inter-subject	S							
Carry	-over	1	0.00230	0.00230	0.0144	0.906	579	
Residu	uals	10	1.59435	0.15943	29.4312	4.32	E-6	28.29%
Intra-subject	S							
Direct	drug	1	0.00040	0.00040	0.0733	0.792	210	
Period	k	1	0.02050	0.02050	3.7844	0.080	036	
Residu	uals	10	0.05417	0.00542	2			7.37%
Total		23	1.67172					

 δ_{ML} **1.0082** *MLE* (maximum likelihood estimator) of Delta-ML

 X_R 3.5493 LS (least squares mean for the reference formulation) exp(X_R) 34.79

X_T 3.5574 LS (least squares mean for the test formulation)



 $exp(X_T)$ 35.07



Classical (Shortest) Confidence Interval

± x rule:	20	[10	0 - x; 1 / (1	00 -	x)]	
θ_{L}	-0.2231			θ_{U}	+0.2231 α 0.0500 p=1-2-α 0.9000	
δ_{L}	80%			δυ	<mark>125%</mark> <i>t</i> _{2·α,df} 1.8125	
L ₁	-0.0463			U_1	0.0626 difference within Theta-L AND Theta-	U; bioequivalent
L ₂	95.47%			U ₂	106.46% difference within Delta-L AND Delta-	U; bioequivalent
	δ_{ML}	Æ	100.82%	Ð	MLE; maximum likelihood estimator	
	δ_{MVUE}		100.77%		MVUE; minimum variance unbiased estimator	
	δ_{RM}		100.98%		RM; ratio of formulation means	
	δ_{MIR}		101.44%		MIR; mean of individual subject ratios	





Calculation of 90% CI (2-way cross-over)

Sample size (n) 12, Point Estimate (PE) 100.82%, Residual Mean Squares Error (MSE) from ANOVA (In-transformed values) 0.005417, t_{q.n-2} 1.8125

Standard Error (SE_{A}) of the mean difference

$$SE_{\Delta} = \sqrt{MSE} \sqrt{\frac{2}{n}} = \sqrt{0.005417} \sqrt{\frac{2}{12}} = 0.030047$$

Confidence Interval

$$CL_{L} = e^{\ln PE - t_{2\alpha,df} \cdot SE_{\Delta}} = e^{0.0081349 - 1.8125 \times 0.030047} = 95.47\%$$
$$CL_{H} = e^{\ln PE + t_{2\alpha,df} \cdot SE_{\Delta}} = e^{0.0081349 + 1.8125 \times 0.030047} = 106.46\%$$



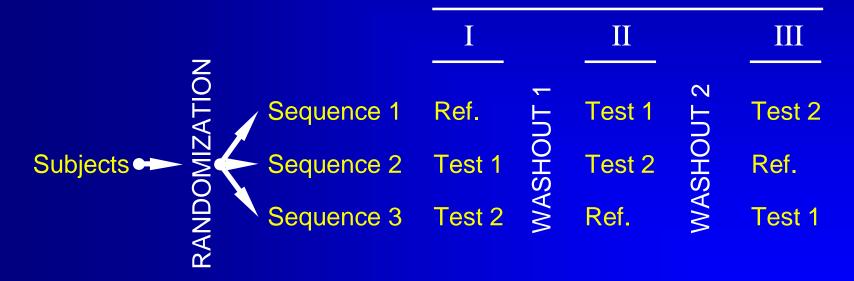
- Higher Order Designs (for more than two treatments)
 - Latin Squares
 - Each subject is randomly assigned to sequences, where number of treatments = number of sequences = number of periods.
 - Variance Balanced Designs





3×3×3 Latin Square design

Period







3×3×3 Latin Square design

- Advantages
 - Allows to choose between two candidate test formulations or comparison of a test formulation with two references.
 - Easy to adapt.
 - Number of subjects in the study is a multiplicative of three.
 - Design for establishment of Dose Proportionality.

Disadvantages

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- Statistical analysis more complicated (especially in the case of drop-outs and a small sample size) – not available in all software.
- Extracted pairwise comparisons are imbalanced.
- May need measures against multiplicity (increasing the sample size).
- Not mentioned in any guideline.



- Higher Order Designs (for more than two treatments)
 - Variance Balanced Designs (Williams' Designs)
 - For *e.g.*, three formulations there are three possible pairwise differences among formulation means (*i.e.*, form. 1 vs. form. 2., form 2 vs. form. 3, and form. 1 vs. form. 3).
 - It is desirable to estimate these pairwise effects with the same degree of precision (there is a common variance for each pair).
 - > Each formulation occurs only once with each subject.
 - > Each formulation occurs the same number of times in each period.
 - The number of subjects who receive formulation *i* in some period followed by formulation *j* in the next period is the same for all *i* # *j*.
 - Such a design for three formulations is the three-treatment sixsequence three-period Williams' Design.



•Williams' Design for three treatments

Soguonco -		Period	
Sequence -	Ι	II	III
1	R	T_2	T ₁
2	T ₁	R	T_2
3	T_2	T ₁	R
4	T ₁	T_2	R
5	T_2	R	T ₁
6	R	T ₁	T_2





•Williams' Design for four treatments

Soquence -		Per	iod	
Sequence -	Ι	II	III	IV
1	R	T ₃	T ₁	T_2
2	T ₁	R	T_2	T ₃
3	T_2	T ₁	T_3	R
4	T_3	T_2	R	T ₁





Williams' Designs

Advantages

- Allows to choose between two candidate test formulations or comparison of a test formulation with two references.
- Design for establishment of Dose Proportionality.
- Paired comparisons (e.g., for a nonparametric method) can be extracted, which are also balanced.
- Mentioned in ANVISA GL and & hidden in EMA's.

Disadvantages

- More sequences for an odd number of treatment needed than in a Latin Squares design (but equal for even number).
- Statistical analysis more complicated (especially in the case of drop-outs) – not available in some softwares.
- May need measures against multiplicity (increasing the sample size).



•Extraction of 2×2 comparisons (T_1/R , T_2/R)

imbalanced

Latin Squares

Seq.	P ₁	P ₂	P_3
1	T ₁	T_2	R
2	T_2	R	T ₁
3	R	T ₁	T_2

Seq.	P ₁ '	P ₂ '
1	T ₁	R
2	R	T ₁
3	R	T ₁

Seq.	P ₁ "	P ₂ "
1	T ₂	R
2	T ₂	R
3	R	T_2
		- 2

P₁"

Τ,

Τ,

R

R

 T_{2}

R

P₂" R

R

12

 T_2

R

 T_2

Seq.

2

3

4

5

6

Williams' design

Seq.	P ₁	P_2	P_3
1	T ₁	T ₂	R
2	T_2	R	T ₁
3	R	T ₁	T_2
4	T ₁	R	T_2
5	T_2	T ₁	R
6	R	T_2	T ₁

Seq.	P ₁ '	P ₂ '
1	T ₁	R
2	R	T ₁
3	R	T ₁
4	T ₁	R
5	T ₁	R
6	R	T.

balanced





•Higher Order Designs (cont'd)

Bonferroni-correction needed (sample size!)

- If more than one formulation will be marketed (for three simultaneous comparisons without correction patients' risk increases from 5 % to 14 %).
- Sometimes requested by regulators in dose proportionality.

k	P _{α=0.05}	P _{α=0.10}	$lpha_{adj.}$	$P_{\alpha a d j.}$	$lpha_{adj.}$	$P_{\alpha \operatorname{adj.}}$
1	5.00%	10.00%	0.0500	5.00%	0.100	10.00%
2	9.75%	19.00%	0.0250	4.94%	0.050	9.75%
3	14.26%	27.10%	0.0167	4.92%	0.033	6.67%
4	18.55%	34.39%	0.0125	4.91%	0.025	9.63%
5	22.62%	40.95%	0.0100	4.90%	0.020	9.61%
6	26.49%	46.86%	0.0083	4.90%	0.017	9.59%





•Higher Order Designs (cont'd)

Effect of *a*-adjustment on sample size (expected T/R 95%, *CV_{intra}* 20%, power 80%)

CV%	2×2	6×3	comp.	4x 4	comp.
	α 0.05	$\alpha_{adj.}$ 0.025	2×2	α _{adj.} 0.0167	2×2
10.0	8	12	+50%	16	+100%
12.5	10	12	+20%	16	+60%
15.0	12	18	+50%	16	+33%
17.5	16	24	+50%	24	+50%
20.0	20	24	+20%	28	+40%
22.5	24	30	+25%	36	+50%
25.0	28	36	+29%	40	+49%
27.5	34	42	+24%	48	+41%
30.0	40	54	+35%	56	+40%





Replicate designs

- Each subject is randomly assigned to sequences, where at least one of the treatments is administered at least twice.
 - Not only the global within-subject variability, but also the within-subject variability per treatment may be estimated.
 - Smaller subject numbers compared to a standard 2×2×2 design – but outweighed by an increased number of periods.
 - Same overall number of individual treatments!
 - Mandatory in the EU if scaled acceptance range for C_{max} is aimed at (CV_{WR} >30% must be demonstrated within the study).



Replicate designs

- Advantages
 - Some experience from FDA's initiative on Population BE (PBE) and Individual BE (IBE).
 - Reference Scaled Average Bioequivalence (RSABE)
 - Handling of outliers (Subject-by-Formulation Interaction may be ruled out).
 - Mentioned in RSA GL; FDA's API GLs and EMA for C_{max}.

Disadvantages

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- Statistical analysis complicated (especially in the case of dropouts and if RSABE is the target) – not available in standard software.
- Many publications, but still no agreement on methodology (!)



Replicate designs

- Examples
 - Three-period two-sequence (3×2)
 - TRT
 - RTR
 - Sample size to obtain the same power as a 2×2×2 study: 75%
 - Four-period two-sequence (4×2)
 - TRTR
 - RTRT
 - Sample size to obtain the same power as a 2×2×2 study: 50%
 - and many others... (FDA for RSABE: TRR | RTR | RRT)
 - The statistical model is a little bit complicated and dependent on the actual design

$$X_{ijkl} = \mu \cdot \pi_k \cdot \varPhi_l \cdot s_{ij} \cdot e_{ijkl}$$





Parallel Groups

Two-group parallel design

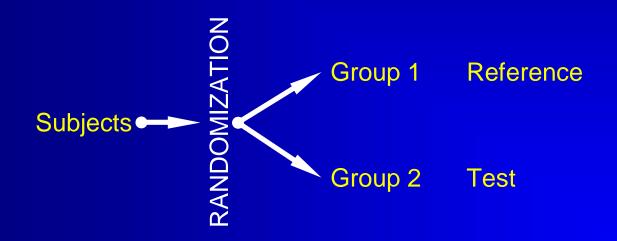
- Each subject receives one and only one treatment in a random fashion
 - Usually each group contains the same number of subjects.
 - Higher subject numbers compared to a cross-over design, since the total (between+within)-subject variability determines sample size (rather than within-subject variability).





Parallel Groups

Two-group parallel design







Parallel Groups

Two-group parallel design

Advantages

- Clinical part sometimes faster than X-over.
- Straigthforward statistical analysis.
- Drugs with long half life.
- Potentially toxic drugs or effect and/or AEs unacceptable in healthy subjects.
- Studies in patients, where the condition of the disease irreversibly changes.

Disadvantages

- (Much) lower statistical power than X-over for the same sampe size.
- Phenotyping mandatory for drugs showing polymorphism.



Parallel Groups: Example

- One group is treated with the test formulation and another group with reference.
- •Quite common that the dataset is imbalanced, *i.e.*, $n_1 \neq n_2$.

 FDA guidance against the assumption of equal variance. Not implemented in PK software (Phoenix/WNL, Kinetica)!

Subj.	Group 1 (T)	Group 2 (R)
1-13	100	110
2-14	103	113
3-15	80	96
4-16	110	90
5-17	78	111
6-18	87	68
7-19	116	111
8-20	99	93
9-21	122	93
10-22	82	82
11-23	68	96
12-24	NA	137
n	11	12
mean	95	100
S ²	298	314
S	17.3	17.7



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Parallel Groups: Example

 Pooled variance $s_0^2 = \frac{(n_1 - 1)s_1^2 + (n_2 - 1)s_2^2}{n_1 + n_2 - 2} = \frac{10 \cdot 298 + 11 \cdot 314}{10 + 11 - 2} = 306.4$ Pooled standard deviation $s_0 = \sqrt{s_0^2} = \sqrt{306.4} = 17.50$ 90% Confidence interval $CI = \left| \overline{x}_1 - \overline{x}_2 \right| \pm t_{2\alpha, n_1 + n_2 - 2} s_0 \sqrt{\frac{n_1 + n_2}{n_1 + n_2}} =$ $=5 \pm 1.721 \cdot 17.50 \cdot 0.4174 = [-7.6, +17.6]$



- •But we want a ratio, not a difference! Now we have only $-7.6 \le [T-R = -5] \le +17.6...$
- Maybe we can use (R–7.6)/R and (R+17.6)/R to get a CI of 92.4% – 117.6%?
- No. Let's repeat the analysis with logtransformed data.





Subj.	Group 1 (T)	ln (T)	Group 2 (R)	ln (R)
1-13	100	4.605	110	4.700
2-14	103	4.635	113	4.727
3-15	80	4.382	96	4.564
4-16	110	4.700	90	4.500
5-17	78	4.357	111	4.710
6-18	87	4.466	68	4.220
7-19	116	4.754	111	4.710
8-20	99	4.595	93	4.533
9-21	122	4.804	93	4.533
10-22	82	4.407	82	4.407
11-23	68	4.220	96	4.564
12-24	NA	NA	137	4.920
n	11	11	12	12
mean	95	4.539	100	4.591
S ²	298	0.03418	314	0.03231
S	17.3	0.1849	17.7	0.1798

 $s_0^2 = \frac{10 \cdot 0.03418 + 11 \cdot 0.03231}{10 + 11 - 2} =$ = 0.03320 $s_0 = \sqrt{s_0^2} = \sqrt{0.03320} = 0.1812$ $CI_{\text{in}} = 0.05203 \pm 1.721 \cdot 0.1822 \cdot 0.4174 =$ = [-0.1829, +0.07886] $CI = e^{[-0.1829, +0.07886]} = [83.28\%, 108.20\%]$



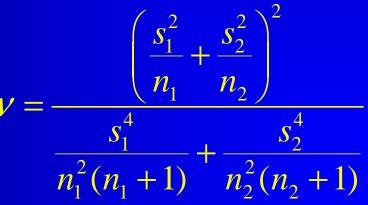


•Not finished yet ...

 Analysis flawed* (assumes equal variances; against FDA's guidance)!

• Degrees of freedom for the *t*-value have to be modified, *e.g.*, by the Welch-Satterthwaite approximation: $(a^2 - a^2)^2$

* Moser BK and GR Stevens Homogeneity of variance in the two-sample means test Amer Statist 46:19-21 (1992)





•Instead of the simple $v = n_1 + n_2 - 2 = 21$, we get $v = \frac{\left(\frac{0.03418}{11} + \frac{0.03231}{12}\right)^2}{\frac{0.001169}{121 \cdot 12} + \frac{0.001044}{144 \cdot 13}} = 20.705$

Maybe it's time to leave M\$-Excel.Easy to calculate in R.





```
data: log(T) and log(R)
t = 0.684, df = 21, p-value = 0.5015
alternative hypothesis: true
difference in means is not equal to 0
90 percent confidence interval:
-0.1829099 0.0788571
sample estimates:
mean of x mean of y
4.538544 4.590570
round(100*exp(par.equal1$conf.int),
digits=2)
83.28 108.20
liberal!
```

```
data: log(T) and log(R)
t = 0.6831, df = 20.705, p-value = 0.5021
alternative hypothesis: true difference
in means is not equal to 0
90 percent confidence interval:
-0.18316379 0.07911102
sample estimates:
mean of x mean of y
4.538544 4.590570
round(100*exp(par.equal0$conf.int),
digits=2)
83.26 108.23
```



Parallel Groups

Design Issues EMEA NfG on BA/BE (2001)

3.2.4 Genetic phenotyping

'Phenotyping and/or genotyping of subjects should be considered for [...] all studies using parallel group design. If a drug is known to be subject to major genetic polymorphism, studies could be performed in panels of subjects of known phenotype or genotype for the polymorphism in question.'

- Since the comparison is based on *intra-subject* effects
 - One study of the major phenotype/genotype.
 - Two studies of the respective phenotype/genotype only if requested!



Parallel Groups

Design Issues

- **EMA GL on BE (2010)**
 - 4.1.3 Subjects / Selction of Subjects
 'Phenotyping and/or genotyping of subjects may be considered for safety or pharmacokinetic reasons.'
- Wording has changed since old NfG, but content stayed the same!
- Specifically not only for parallel designs!

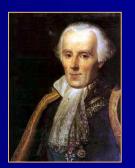




To bear in Remembrance...

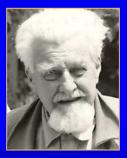
In these matters the only certainty is that nothing is certain. *Gaius Plinius Secundus (Pliny the Elder)*





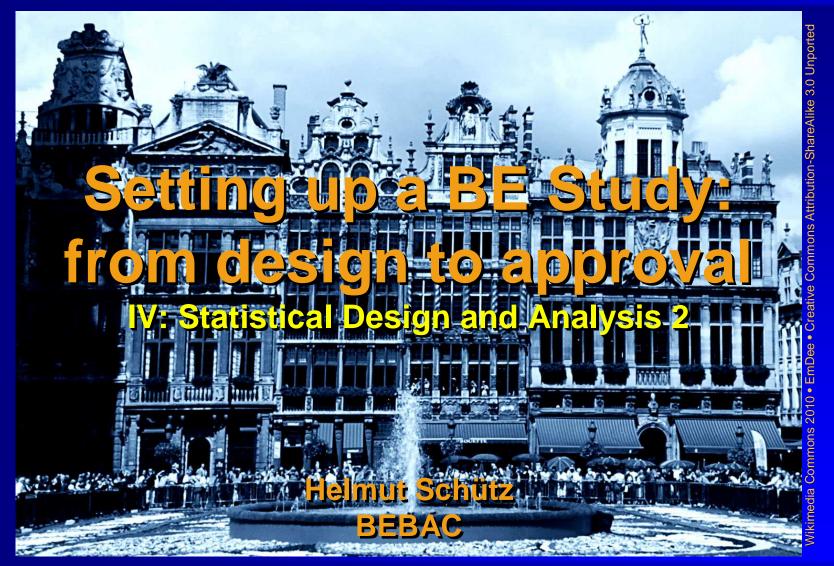
The theory of probabilities is at bottom nothing but common sense reduced to calculus. *Pierre-Simon Laplace*

It is a good morning exercise for a research scientist to discard a pet hypothesis every day before breakfast. It keeps him young. *Konrad Lorenz*













Pitfalls

Pilot studies Sample size estimation Low variability Metrics of early exposure Highy variable drugs / drugs products Two-stage sequential designs





Data from Pilot Studies

- Estimated CVs have a high degree of uncertainty (in the pivotal study it is more likely that you will be able to reproduce the PE, than the CV)
 - The smaller the size of the pilot, the more uncertain the outcome.
 - The more formulations you have tested, lesser degrees of freedom will result in worse estimates.
 - Remember: CV is an estimate not set in stone!







Pilot Studies: Sample Size

Small pilot studies (sample size <12)

- Are useful in checking the sampling schedule and
- the appropriateness of the analytical method, but
 are not suitable for the purpose of sample size planning!
- Sample sizes (T/R 0.95, power ≥80%) based on a n=10 pilot study

require(PowerTOST)
expsampleN.TOST(alpha=0.05,
 targetpower=0.80, theta1=0.80,
 theta2=1.25, theta0=0.95, CV=0.40,
 dfCV=24-2, alpha2=0.05, design="2x2")

CV%	CV		ratio	
C V 70	fixed	uncertain	uncert./fixed	
20	20	24	1.200	
25	28	36	1.286	
30	40	52	1.300	
35	52	68	1.308	
40	66	86	1.303	

If pilot n=24: n=72, ratio 1.091



Bioequivalence & Bioavailability Studies | Pre-Conference Workshop A | Brussels, 19 Septem



Pilot Studies: Sample Size

- Moderate sized pilot studies (sample size ~12–24) lead to more consistent results (both CV and PE).
 - If you stated a procedure in your protocol, even BE may be claimed in the pilot study, and no further study will be necessary (US-FDA).
 - If you have some previous hints of high intrasubject variability (>30%), a pilot study size of at least 24 subjects is reasonable.
 - A Sequential Design may also avoid an unnecessarily large pivotal study.



Justification

Good Scientific Practice!

- Every influental factor can be *tested* in a pilot study.
 - Sampling schedule: matching C_{max} , lag-time (first point C_{max} problem), reliable estimate of λ_z
 - Bioanalytical method: LLOQ, ULOQ, linear range, metabolite interferences, ICSR
 - Food, posture, ...
 - Variability of PK metrics
 - Location of PE





Justification

•Best description by FDA (2003)

The study can be used to validate analytical methodology, assess variability, optimize sample collection time intervals, and provide other information. For example, for conventional immediate-release products, careful timing of initial samples may avoid a subsequent finding in a full-scale study that the first sample collection occurs after the plasma concentration peak. For modified-release products, a pilot study can help determine the sampling schedule to assess lag time and dose dumping.





Application

- Most common to assess CV and PE needed in sample size estimation for a pivotal BE study
 - To select between candidate test formulations compared to one reference
 - To find a suitable reference
 - If design issues (clinical performance, bioanalytics) are already known, a two-stage sequential design would be a better alternative!





Solutions

 Do not use the pilot study's CV, but calculate an upper confidence interval!

- Gould recommends a 75% CI (*i.e.*, a producer's risk of 25%).
- Unless you are under time pressure, a Two-Stage design will help in dealing with the uncertain estimate from the pilot.

LA Gould Group Sequential Extension of a Standard Bioequivalence Testing Procedure J Pharmacokin Biopharm 23/1, 57-86 (1995)





Published data

Literature search for CV%

- Preferably other BE studies (the bigger, the better!)
- PK interaction studies (Cave: mainly in steady state! Generally lower CV than after SD)
- Food studies (CV higher/lower than fasted!)
- If CV_{intra} is not given (quite often!), a little algebra helps. All you need is the 90% geometric confidence interval and the sample size.



iQ

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a division of IQPC





Calculation of CV_{intra} from CI

Point estimate (PE) from the Confidence Interval

 $PE = \sqrt{CL_{lo} \cdot CL_{hi}}$

- Estimate the number of subjects / sequence (example 2x2 cross-over)
 - > If total sample size (*N*) is an even number, assume (!) $n_1 = n_2 = \frac{1}{2}N$
 - If N is an odd number, assume (!)

 $n_1 = \frac{1}{2}N + \frac{1}{2}$, $n_2 = \frac{1}{2}N - \frac{1}{2}$ (not $n_1 = n_2 = \frac{1}{2}N!$)

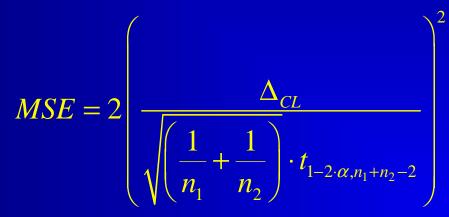
■ Difference between one *CL* and the *PE* in log-scale; use the *CL* which is given with more significant digits $\Delta_{CL} = \ln PE - \ln CL_{lo}$ or $\Delta_{CL} = \ln CL_{hi} - \ln PE$





•Calculation of CV_{intra} from CI (cont'd)

Calculate the Mean Square Error (MSE)



CV_{intra} from MSE as usual $CV_{intra} \% = 100 \cdot \sqrt{e^{MSE} - 1}$





Algebra...

 Calculation of CV_{intra} from CI (cont'd) **Example:** 90% CI [0.91 – 1.15], N 21 ($n_1 = 11$, $n_2 = 10$) $PE = \sqrt{0.91 \cdot 1.15} = 1.023$ $\Delta_{CI} = \ln 1.15 - \ln 1.023 = 0.11702$ $MSE = 2 \left(\frac{0.11702}{\sqrt{\left(\frac{1}{11} + \frac{1}{10}\right)} \times 1.729}} \right)^{2} = 0.04798$ $CV_{\text{intra}} \% = 100 \times \sqrt{e^{0.04798} - 1} = 22.2\%$





Algebra...

• Proof: CI from calculated values • Example: 90% CI [0.91 – 1.15], N 21 ($n_1 = 11, n_2 = 10$) In $PE = \ln \sqrt{CL_{lo} \cdot CL_{hi}} = \ln \sqrt{0.91 \times 1.15} = 0.02274$

$$SE_{\Delta} = \sqrt{\frac{2 \cdot MSE}{N}} = \sqrt{\frac{2 \times 0.04798}{21}} = 0.067598$$
$$CI = e^{\ln PE \pm t \cdot SE_{\Delta}} = e^{0.02274 \pm 1.729 \times 0.067598}$$
$$CI_{lo} = e^{0.02274 - 1.729 \times 0.067598} = 0.91$$
$$CI_{hi} = e^{0.02274 + 1.729 \times 0.067598} = 1.15$$

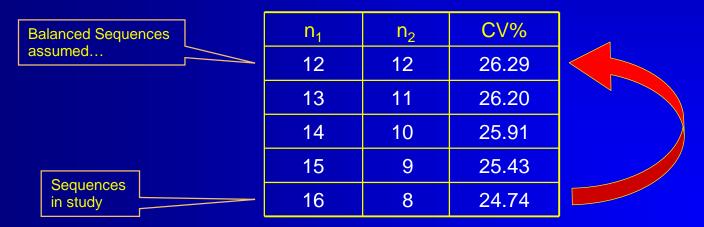




Sensitivity to Imbalance

 If the study was more imbalanced than assumed, the estimated CV is conservative

> Example: 90% CI [0.89 – 1.15], N 24 (n₁ = 16, n₂ = 8, but not reported as such); CV 24.74% in the study







No Algebra...

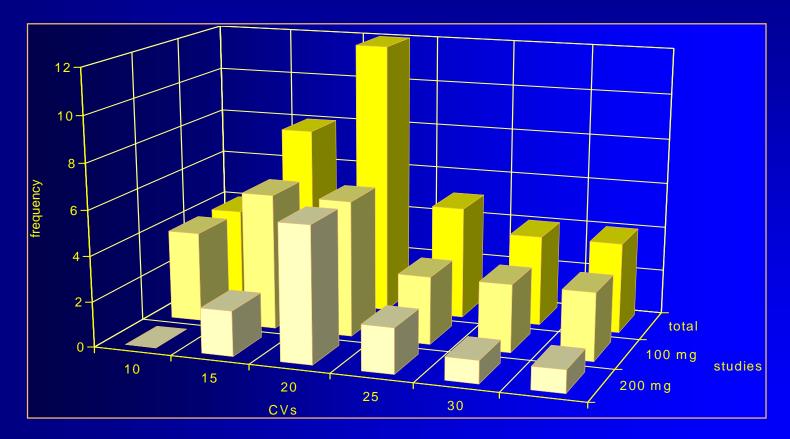
 Implemented in *R*-package *PowerTOST*, function *CVfromCI* (not only 2×2 cross-over, but also parallel groups, higher order crossovers, replicate designs). Previous example:

require(PowerTost)
CVfromCI(lower=0.91, upper=1.15, n=21, design = "2x2", alpha = 0.05)
[1] 0.2219886





Literature data



Doxicycline (37 studies from **Blume/Mutschler**, *Bioäquivalenz*: *Qualitätsbewertung wirkstoffgleicher Fertigarzneimittel*, GOVI-Verlag, Frankfurt am Main/Eschborn, 1989-1996)





Sample Size (Limits)

Minimum

- 12 WHO, EU, CAN, NZ, AUS, AR, MZ, ASEAN States, RSA
- USA 'A pilot study that documents BE can be appropriate, provided its design and execution are suitable and a sufficient number of subjects (*e.g.*, 12) have completed the study.'
- 20 RSA (MR formulations)
- 24 Saudia Arabia (12 to 24 if statistically justifiable)
- 24 Brazil
- Sufficient number' Japan



Sample Size (Limits)

Maximum

- NZ: If the calculated number of subjects appears to be higher than is ethically justifiable, it may be necessary to accept a statistical power which is less than desirable. Normally it is not practical to use more than about 40 subjects in a bioavailability study.
- All others: Not specified (judged by IEC/IRB or local Authorities).
 ICH E9, Section 3.5 applies: 'The number of subjects in a clinical trial should always be large enough to provide a reliable answer to the guestions addressed.'







•NfG on the Investigation of BA/BE (2001)

The number of subjects required is determined by

- the error variance associated with the primary characteristic to be studied as estimated from
 - > a pilot experiment,
 - previous studies, or
 - published data,
- the significance level desired,
- the expected deviation (\Delta) from the reference product compatible with BE and,
- the required power.





- the error variance associated with the primary characteristic to be studied ...
 - > Since BE must be shown both for AUC and C_{max} , and,
 - if you plan your sample size only for the 'primary characteristic' (e.g., AUC), in many cases you will fail for the secondary parameter (e.g., C_{max}), which most likely shows higher variability – your study will be 'underpowered'.
 - Based on the assumption, that CV is identical for test and reference (what if only the reference formulation has high variability, *e.g.*, some formulations of PPIs?).





•NfG on the Investigation of BA/BE (2001)

- Problems/solutions
 - ... as estimated from
 - > a pilot experiment,
 - previous studies, or
 - published data,
 - The correct order should read:
 - 1. previous studies \rightarrow 2. pilot study \rightarrow 3. published data
 - Only in the first case you 'know' all constraints resulting in variability
 - Pilot studies are often too small to get reliable estimates of variability
 - Advisable only if you have data from a couple of studies





- ... the significance level desired ...
 - Throughout the NfG the significance level (α, error type I: patient's risk to be treated with a bio*in*equivalent drug) is fixed to 5% (corresponding to a 90% confidence interval)
 - You may desire a higher significance level, but such a procedure is not considered acceptable
 - In special cases (e.g., dose proportionality testing), a correction for multiplicity may be necessary
 - In some legislations (e.g., Brazil's ANVISA), α must be tightened to 2.5% for NTIDs (95% confidence interval)







- ... the required power.
 - > Generally the power is set to at least 80 % (β , error type II: producers's risk to get no approval for a bioequivalent drug; power = 1β).
 - If you plan for power of less than 70 %, problems with the ethics committee are likely (ICH E9).
 - If you plan for power of more than 90 % (especially with low variability drugs), problems with the regulator are possible ('forced bioequivalence').
 - > Add subjects ('alternates') according to the expected drop-out rate!





- ... the expected deviation (Δ) from the reference ...
 - Reliable estimate only from a previous full-sized study
 - If you are using data from a pilot study, allow for a safety margin
 - > If no data are available, commonly a GMR (geometric test/reference-ratio) of 0.95 ($\Delta = 5\%$) is used
 - > If more than $\Delta = 10\%$ is expected, questions from the ethics committee are likely
 - > BE GL (2010) batches must not differ more than 5%.





•EMA BE Guideline (2010)

The number of subjects to be included in the study should be based on an appropriate sample size calculation.





Hierarchy of Designs

•The more 'sophisticated' a design is, the more information can be extracted. Hierarchy of designs: Full replicate (TRTR | RTRT) → Partial replicate (TRR | RTR | RRT) 🏞 Standard 2×2 cross-over (RT | RT) ₹ Parallel (R | T) Variances which can be estimated: Parallel: total variance (between + within) 2x2 Xover: + between, within subjects $\cancel{2}$ Partial replicate: + within subjects (reference) \cancel{P} Full replicate: + within subjects (reference, test) *f*

Information



Coefficient(s) of Variation

- From any design one gets variances of *lower* design levels (only!)
 - Example: Total CV% from a 2x2 cross-over used in planning a parallel design study
 - Intra-subject CV% (within) $\longrightarrow CV_{intra} \% = 100 \cdot \sqrt{e^{MSE_W}} 1$
 - Inter-subject CV% (between)
 - Total CV% (pooled)

$$CV_{inter}$$
% = 100 · $\sqrt{e^{\frac{MSE_B - MSE_W}{2}}} - 1$

$$V_{total} \% = 100 \cdot \sqrt{e^{\frac{MSE_B + MSE_W}{2}} - 1}$$

Hauschke D, Steinijans VW and E Diletti

Presentation of the intrasubject coefficient of variation for sample size planning in bioequivalence studies Int J Clin Pharmacol Ther 32/7, 376-378 (1994)





Coefficient(s) of Variation

•CVs of higher design levels not available.

- If only mean±SD of reference available...
 - Avoid 'rule of thumb' CV_{intra}=60% of CV_{total}
 - Don't plan a cross-over based on CV_{total}
 - Examples (cross-over studies)

drug, formulation	design	n	metric	CV _{intra}	CV _{inter}	CV _{total}	% _{intra/total}
methylphenidate MR	SD	12	AUCt	7.00	19.1	20.4	34.3
paroxetine MR	MD	32	AUC _τ	25.2	55.1	62.1	40.6
lansoprazole DR	SD	47	C _{max}	47.0	25.1	54.6	86.0

pilot study unavoidable





- Intra-subject CV from different studies can be pooled (LA Gould 1995, Patterson and Jones 2006)
 - In the parametric model of log-transformed data, additivity of variances (not of CVs!) apply.
 - Do not use the arithmetic mean (or the geometric mean either) of CVs.
 - Before pooling variances must be weighted acccording to the studies' sample size – larger studies are more influentual than smaller ones.





•Intra-subject CV from different studies • Calculate the variance from CV $\sigma_W^2 = \ln(CV_{intra}^2 + 1)$ • Calculate the total variance weighted by df $\sum \sigma_W^2 df$ • Calculate the pooled CV from total variance $CV = \sqrt{e^{\sum \sigma_W^2 df} - 1}$

• Optionally calculate an upper $(1-\alpha)$ % confidence limit on the pooled CV (recommended $\alpha = 0.25$)

$$CL_{CV} = \sqrt{e^{\sum \sigma_W^2 df / \chi^2_{\alpha, \sum df}} - 1}$$



•Example 1: $n_1=n_2$; $CV_{Study1} < CV_{Study2}$

studies	Ν
2	24

f (total)	α	$1-\alpha$	total	CV_{pooled}	CV _{mean}
20	0.25	0.75	1.2540	0.254	0.245
		$\chi^{2}(\alpha, df)$	15.452	0.291	+14.3%

CV _{intra}	n	seq.	df (mj)	σ_W	σ^2_W	$\sigma^2_W \times df$	CV _{intra /} pooled	>CL _{upper}
0.200	12	2	10	0.198	0.0392	0.3922	78.6%	no
0.300	12	2	10	0.294	0.0862	0.8618	117.9%	yes





•Example 2: $n_1 < n_2$; $CV_{Study1} < CV_{Study2}$

ies	N	df (total)	α	1-α	total	CV _{pooled}	CV _{mean}
	36	32	0.25	0.75	2.2881	0.272	0.245
				$\chi^{2}(\alpha, df)$	26.304	0.301	+10.7%

CV _{intra}	n	seq.	df (mj)	σ_W	σ^2_W	$\sigma^2_W \times df$	CV _{intra /} pooled	>CL _{upper}
0.200	12	2	10	0.198	0.0392	0.3922	73.5%	no
0.300	24	2	22	0.294	0.0862	1.8959	110.2%	no



studi



•Example 3: $n_1 > n_2$; $CV_{Study1} < CV_{Study2}$

f (total)	α	$1-\alpha$	total	CV_{pooled}	CV _{mean}
32	0.25	0.75	1.7246	0.235	0.245
		$\chi^{2}(\alpha, df)$	26.304	0.260	+10.6%

CV _{intra}	n	seq.	df (mj)	σ_W	σ^2_W	$\sigma^2_W imes \mathrm{df}$	CV _{intra /} pooled	>CL _{upper}
0.200	24	2	22	0.198	0.0392	0.8629	85.0%	no
0.300	12	2	10	0.294	0.0862	0.8618	127.5%	yes





R package *PowerTOST* function *CVpooled*, data of last example.

```
require(PowerTOST)
CVs <- ("
    PKmetric | CV | n | design | source
    AUC | 0.20 | 24 | 2x2 | study 1
    AUC | 0.30 | 12 | 2x2 | study 2
")
txtcon <- textConnection(CVs)
CVdata <- read.table(txtcon, header=TRUE, sep="|",
        strip.white=TRUE, as.is=TRUE)
close(txtcon)
CVsAUC <- subset(CVdata,PKmetric=="AUC")
print(CVpooled(CVsAUC, alpha=0.25), digits=3, verbose=TRUE)
Pooled CV = 0.235 with 32 degrees of freedom
Upper 75% confidence limit of CV = 0.260
```





Or you may combine pooling with an estimated sample size based on uncertain CVs (we will see later what that means). *R* package *PowerTOST*, function *expsampleN.TOST*, data of last example.
CVs and degrees of freedom must be given as vectors:
CV = c(0.2,0.3), dfCV = c(22,10)





```
require(PowerTOST)
expsampleN.TOST(alpha=0.05,
    targetpower=0.8,
    theta1=0.8, theta2=1.25,
    theta0=0.95, CV=c(0.2,0.3),
    dfCV=c(22,10), alpha2=0.05,
    design="2x2", print=TRUE,
    details=TRUE)
```

```
+++++++ Equivalence test - TOST +++++++
Sample size est. with uncertain CV
```

```
Study design: 2x2 crossover
Design characteristics:
df = n-2, design const. = 2, step = 2
```

log-transformed data (multiplicative model)







- α-Error: Patient's risk to be treated with a bioinequivalent formulation.
 - Although α is generally set to 0.05, sometimes <0.05 (*e.g.*, NTDIs in Brazil, multiplicity, interim analyses).
- • β -Error: Producer's risk to get no approval for a bioequivalent formulation.
 - Generally *set* in study planning to ≤ 0.2 , where power = $1 \beta = \geq 80\%$.

There is no a posteriori (aka post hoc) power! Either a study demonstrated BE or not.

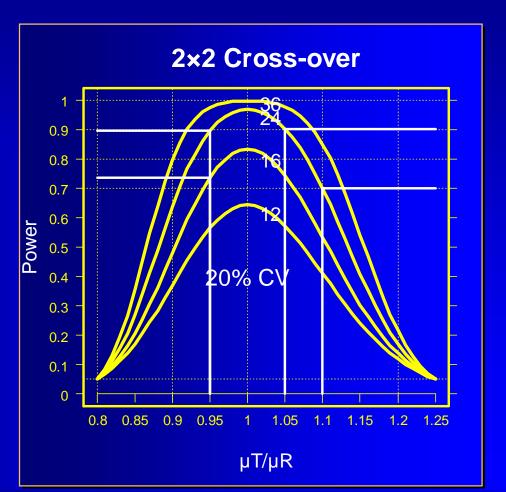


Power Curves

Power to show BE with 12 - 36subjects for CV_{intra} 20%

 $\begin{array}{ll}n & 24 \downarrow 16:\\ \text{power} & 0.896 \rightarrow 0.735\end{array}$

 μ_T / μ_R 1.05 \downarrow 1.10: power 0.903 \rightarrow 0.700





Power vs. Sample Size

- It is not possible to calculate the required sample size *directly*.
- Power is calculated instead; the smallest sample size which fulfills the minimum target power is used.
 - Example: α 0.05, target power 80% (β 0.2), T/R 0.95, CV_{intra} 20% \rightarrow minimum sample size 19 (power 81%), rounded *up* to the next even number in a 2×2 study (power 83%).



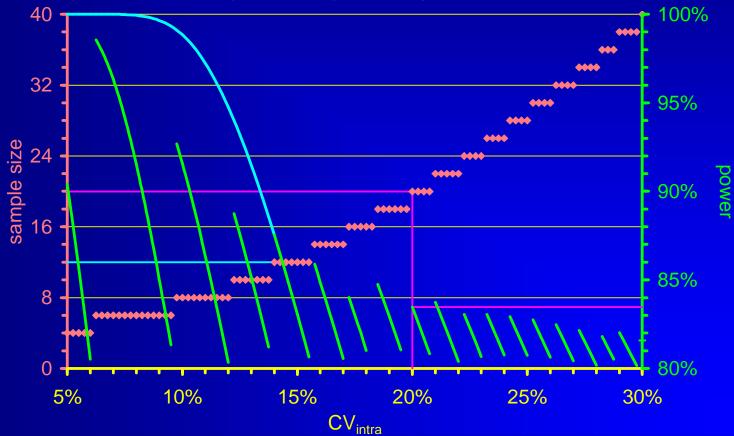




Power vs. Sample Size

2x2 cross-over, T/R 0.95, AR 80-125%, target power 80%

sample size — power — power for n=12







Tools

 Sample Size Tables (Phillips, Diletti, Hauschke, Chow, Julious, …)

- Approximations (Diletti, Chow, Julious, ...)
- •General purpose (SAS, S+, R, StaTable, ...)
- Specialized Software (nQuery Advisor, PASS, FARTSSIE, StudySize, ...)
- Exact method (Owen implemented in *R*package *PowerTOST*)*
 - * Thanks to Detlew Labes!





Background

 Reminder: Sample Size is not directly obtained – only power

- Solution given by DB Owen (1965) as a difference of two bivariate noncentral *t*-distributions
 - Definite integrals cannot be solved in closed form
 - 'Exact' methods rely on numerical methods (currently the most advanced is AS 243 of RV Lenth; implemented in R, FARTSSIE, EFG). nQuery uses an earlier version (AS 184).





Background

Power calculations...

- 'Brute force' methods (also called 'resampling' or 'Monte Carlo') converge asymptotically to the true power; need a good random number generator (*e.g.*, Mersenne Twister) and may be time-consuming
- 'Asymptotic' methods use large sample approximations
- Approximations provide algorithms which should converge to the desired power based on the *t*-distribution





	C	om	0	2			S	\mathbf{O}	n							
			-													
		A loca vitta na	CV%		40		404	2 5	4.4	45	4	0 47		40	20	22
original values	Method	Algorithm	5	7.5		_	12 1		14	15		_	7.5 4.0		20	22
PowerTOST 0.8-2 (2011)	exact	Owen's Q	4	6		3	8	10	12	12	1		16		20	22
Patterson & Jones (2006)	noncentr. t	AS 243	4	5		7	8	9	11	12			15	16	19	22
Diletti et al. (1991)	noncentr. t	Owen's Q	4	5		_	NA	9	NA	12	N/			NA		NA
nQuery Advisor 7 (2007)	noncentr. t	AS 184	4	6		3	8	10	12	12	1		16	16	20	22
FARTSSIE 1.6 (2008)	noncentr. t	AS 243	4	5		7	8	9	11	12	1	_	15	16	19	22
EFG 2.01 (2009)	noncentr. t	AS 243	4	5		7	8	9	11	12	1	3	15	16	19	22
LI G 2.01 (2009)	brute force	ElMaestro	4	5		7	8	9	11	12	1	3	15	16	19	22
StudySize 2.0.1 (2006)	central t	?	NA	5	7	7	8	9	11	12	1	3	15	16	19	22
Hauschke et al. (1992)	approx. t		NA	NA	8	3	8	10	12	12	1	4	16	16	20	22
Chow & Wang (2001)	approx. t		NA	6	(5	8	8	10	12	1	2	14	16	18	22
Kieser & Hauschke (1999)	approx. t		2	NA	(3	8	NA	10	12	1	4 1	١A	16	20	24
			CV%	6												
original values	Method	Algorithm	22.	5	24	25	- 26	6 27.	5 2	8	30	32	34	36	38	40
PowerTOST 0.8-2 (2011)	exact	Owen's Q	24	4 :	26	28	30) 3	4 3	4 4	40	44	50	54	60	66
Patterson & Jones (2006)	noncentr. t	AS 243	2:	3 2	26	28	30) 3	3 3	4 3	39	44	49	54	60	66
Diletti <i>et al.</i> (1991)	noncentr. t	Owen's Q	2:	3 1	١A	28	NA	\ 3	3 N	A :	39	NA	NA	NA	NA	NA
nQuery Advisor 7 (2007)	noncentr. t	AS 184	24	4 2	26	28	30) 3	4 3	4 4	40	44	50	54	60	66
FARTSSIE 1.6 (2008)	noncentr. t	AS 243	2:	3	26	28	30) 3	3 3	4 3	39	44	49	54	60	66
EFG 2.01 (2009)	noncentr. t	AS 243	2:	3	26	28	30) 3	3 3	4 :	39	44	49	54	60	66
LI G 2.01 (2009)	brute force	ElMaestro	2:	3 2	26	28	30) 3	3 3	4 3	39	44	49	54	60	66
StudySize 2.0.1 (2006)	central t	?	2:	3	26	28	30) 3	3 3	4 (39	44	49	54	60	66
Hauschke et al. (1992)	approx. t		24	4	26	28	30) 3	4 3	6 4	40	46	50	56	64	70
Chow & Wang (2001)	approx. t		24	4	26	28	30) 3	4 3	4 :	38	44	50	56	62	
Kieser & Hauschke (1999)	approx. t		N/	4	28	30	32	2 N	A 3	8 4	12	48	54	60	66	74





Approximations

Hauschke et al. (1992)

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Patient's risk α 0.05. Power 80% (Producer's risk β 0.2), AR [0.80 - 1.25], CV 0.2 (20%), T/R 0.95 1. $\Delta = \ln(0.8) - \ln(T/R) = -0.1719$ 2. Start with e.g. n=8/sequence 1. df = $n \cdot 2 - 1 = 8 \times 2 - 1 = 14$ 2. $t_{\alpha,df} = 1.7613$ 3. $t_{\beta,df} = 0.8681$ 4. new n = $[(t_{\alpha \ df} + t_{\beta \ df})^2 \cdot (CV/\Delta)]^2 =$ $(1.7613+0.8681)^2 \times (-0.2/0.1719)^2 = 9.3580$ 3. Continue with n=9.3580/sequence (N=18.716 \rightarrow 19) 1. df = 16.716; roundup to the next integer 172. $t_{\alpha,df} = 1.7396$ 3. $t_{\beta,df} = 0.8633$ 4. new n = $[(t_{\alpha,df} + t_{\beta,df})^2 \cdot (CV/\Delta)]^2$ = $(1.7396+0.8633)^2 \times (-0.2/0.1719)^2 = 9.1711$ 4. Continue with n=9.1711/sequence (N=18.3422 \rightarrow 19) 1. df = 17.342; roundup to the next integer 18 2. $t_{\alpha,df} = 1.7341$ 3. $t_{\beta,df} = 0.8620$ 4. new n = $[(t_{\alpha,df} + t_{\beta,df})^2 \cdot (CV/\Delta)]^2 =$ $(1.7341+0.8620)^2 \times (-0.2/0.1719)^2 = 9.1233$ 5. Convergence reached (N=18.2466 \rightarrow 19): Use 10 subjects/sequence (20 total)

S-C Chow and H Wang (2001)

Patient's risk α 0.05. Power 80% (Producer's risk β 0.2), AR [0.80 - 1.25], CV 0.2 (20%), T/R 0.95 1. $\Delta = \ln(T/R) - \ln(1.25) = 0.1719$ 2. Start with e.g. n=8/sequence 1. $df_{\alpha} = roundup(2 \cdot n - 2) \cdot 2 - 2 = (2 \times 8 - 2) \times 2 - 2 = 26$ 2. $df_{B} = roundup(4 \cdot n - 2) = 4 \times 8 - 2 = 30$ 3. $t_{\alpha,df} = 1.7056$ 4. $t_{\beta/2,df} = 0.8538$ 5. new n = $\beta^2 \cdot [(t_{\alpha,df} + t_{\beta/2,df})^2/\Delta^2] =$ $0.2^2 \times (1.7056 + 0.8538)^2 / 0.1719^2 = 8.8723$ 3. Continue with n=8.8723/sequence (N=17.7446 \rightarrow 18) 1. $df_{\alpha} = roundup(2 \cdot n - 2) \cdot 2 - 2 = (2 \times 8.8723 - 2) \times 2 - 2 = 30$ 2. $df_{\beta} = roundup(4 \cdot n - 2) = 4 \times 8.8723 - 2 = 34$ 3. $t_{\alpha df} = 1.6973$ 4. $t_{B/2.df} = 0.8523$ 5. new n = $\beta^2 \cdot [(t_{\alpha,df} + t_{\beta/2,df})^2/\Delta^2] =$ $0.2^2 \times (1.6973 + 0.8538)^2 / 0.1719^2 = 8.8045$ 4. Convergence reached (N=17.6090 \rightarrow 18): Use 9 subjects/sequence (18 total)

sample size	18	19	20		
power %	79.124	81.428	83.468		



Approximations obsolete

Exact sample size tables still useful in checking the plausibility of software's results

 Approximations based on noncentral t (FARTSSIE17)

```
Fartisitie for Sample Size Iterative Estimation
```

http://individual.utoronto.ca/ddubins/FARTSSIE17.xls

or \mathbb{R} / S+ \rightarrow

Exact method (Owen) in <u>*R*-package PowerTOST</u>

http://cran.r-project.org/web/packages/PowerTOST/

```
require(PowerTOST)
sampleN.TOST(alpha = 0.05,
targetpower = 0.80, logscale = TRUE,
theta1 = 0.80, diff = 0.95, CV = 0.30,
design = "2x2", exact = TRUE)
```

```
alpha
        <- 0.05
                    # alpha
        <- 0.30
                     # intra-subject CV
CV
theta1 <- 0.80
                     # lower acceptance limit
theta2 <- 1/theta1 # upper acceptance limit
                    # expected ratio T/R
        <- 0.95
ratio
                     # minimum power
PwrNeed <- 0.80
Limit
        <- 1000
                     # Upper Limit for Search
                    # start value of sample size search
        <- 4
n
        <- sqrt(2)*sqrt(log(CV^2+1))
S
repeat{
        <- qt(1-alpha,n-2)
  t
        <- sqrt(n)*(log(ratio)-log(theta1))/s
  nc1
        <- sqrt(n)*(log(ratio)-log(theta2))/s
  nc2
  prob1 <- pt(+t,n-2,nc1); prob2 <- pt(-t,n-2,nc2)</pre>
  power <- prob2-prob1</pre>
                    # increment sample size
        <- n+2
  n
  if(power >= PwrNeed | (n-2) >= Limit) break }
Total
       <- n-2
if(Total == Limit){
  cat("Search stopped at Limit", Limit,
        obtained Power", power*100, "%\n")
  } else
  cat("Sample Size",Total,"(Power",power*100,"%)\n")
```



•ICH E9 (1998)

Section 3.5 Sample Size, paragraph 3

- The method by which the sample size is calculated should be given in the protocol [...]. The basis of these estimates should also be given.
- It is important to investigate the sensitivity of the sample size estimate to a variety of deviations from these assumptions and this may be facilitated by providing a range of sample sizes appropriate for a reasonable range of deviations from assumptions.
- In confirmatory trials, assumptions should normally be based on published data or on the results of earlier trials.





Example

nQuery Advisor: $\sigma_{w} = \sqrt{\ln(CV_{intra}^{2} + 1)}; \sqrt{\ln(0.2^{2} + 1)} = 0.198042$

🔯 nQuery Advisor - [MTE2co-1.nqa]						
🦹 👧 Eile Edit <u>V</u> iew <u>O</u> ptions <u>A</u> ssistants <u>R</u> ai	ndomize <u>P</u> lot	<u>W</u> indow <u>H</u>	elp			
		🐨 🔳 St	K			
t-tests (TOST) of equivalence in ratio of mea	ns for crosso [,]	ver design (na	atural log scale)	I		
	90% power	25% CV	4 drop outs	25% CV + d.o.	PE 90%	worst case
Test significance levels, α (one-sided)	0.050	0.050	0.050	0.050	0.050	0.050
Lower equivalence limit for μ_T / μ_S , Δ_L	0.800	0.800	0.800	0.800	0.800	0.800
Upper equivalence limit for μ_T / μ_S , Δ_U	1.250	1.250	1.250	1.250	1.250	1.250
Expected ratio, μ_T / μ_S	0.950	0.950	0.950	0.950	0.900	0.900
Crossover ANOVA, sqrt(MSE) (In scale)	0.198042	0.246221 0.198042		0.246221	0.198042	0.246221
SD differences, ơ _d (In scale)	0.280074	0.348209	0.280074	0.348209	0.280074	0.348209
Power (%)	90.00	77.60	86.88	69.53	66.94	45.09
n per sequence group	13	13	11	11	13	11
•						
20	0% CV, 4 c	Irop out <u>s:</u>				CV, PE 90% er 90% → 67
	ower 90%			CV, 4 drop outs 90% → 70%	s:	

20% n=2



Example

PowerTOST, function *sampleN.TOST*



•To calculate Power for a given sample size, use function *power*.*TOST*

```
require(PowerTost)
power.TOST(alpha=0.05, logscale=TRUE, theta1=0.8, theta2=1.25,
           theta0=0.95, CV=0.25, n=26, design="2x2", exact=TRUE)
[1] 0.7760553
power.TOST(alpha=0.05, logscale=TRUE, theta1=0.8, theta2=1.25,
           theta0=0.95, CV=0.20, n=22, design="2x2", exact=TRUE)
[1] 0.8688866
power.TOST(alpha=0.05, logscale=TRUE, theta1=0.8, theta2=1.25,
           theta0=0.95, CV=0.25, n=22, design="2x2", exact=TRUE)
[1] 0.6953401
power.TOST(alpha=0.05, logscale=TRUE, theta1=0.8, theta2=1.25,
           theta0=0.90, CV=0.20, n=26, design="2x2", exact=TRUE)
[1] 0.6694514
power.TOST(alpha=0.05, logscale=TRUE, theta1=0.8, theta2=1.25,
           theta0=0.90, CV=0.25, n=22, design="2x2", exact=TRUE)
[1] 0.4509864
```



- •Must be done *before* the study (a priori)
- The Myth of retrospective (a posteriori or post hoc) Power...
 - High values do not further support the claim of already demonstrated bioequivalence.
 - Low values do not invalidate a bioequivalent formulation.

Further reader:

RV Lenth

Two Sample-Size Practices that I don't recommend (2000) JM Hoenig and DM Heisey The Abuse of Power: The Pervasive Fallacy of Power Calculations for Data Analysis (2001) P Bacchetti Current sample size conventions: Flaws, harms, and alternatives (2010)

Pharma



The Myth of Power

There is simple intuition behind results like these: If my car made it to the top of the hill, then it is powerful enough to climb that hill; if it didn't, then it obviously isn't powerful enough. Retrospective power is an obvious answer to a rather uninteresting question. A more meaningful question is to ask whether the car is powerful enough to climb a particular hill never climbed before; or whether a different car can climb that new hill. Such questions are prospective, not retrospective.

The fact that retrospective power adds no new information is harmless in its own right. However, in typical practice, it is used



to exaggerate the validity of a significant result ("not only is it significant, but the test is really powerful!"), or to make excuses for a nonsignificant one ("well, P is .38, but that's only because the test isn't very powerful"). The latter case is like blaming the messenger.

RV Lenth

Two Sample-Size Practices that I don't recommend <u>http://www.math.uiowa.edu/~rlenth/Power/2badHabits.pdf</u>





Low Variability

• Drugs / Drug Products with *CV_{intra}* <10%

No specific statements in any guideline.

Problems may arise according to significant treatment effects in ANOVA (*i.e.*, although the 90% CI is within the acceptance range – 100% is not included) – even for the minimum sample size of 12.

Denmark

- DKMA considers that the 90% CI for the ratio test versus reference should include 100% [...].
- Deviations are usually accepted if it can be adequately proved that the deviation has no clinically relevant impact on the efficacy and safety of the medicinal product.
 Danish Medicines Agency (DKMA)

Bioequivalence and labelling of medicinal products with regard to generic substitution (13 Jul 2011) http://www.dkma.dk/1024/visUKLSArtikel.asp?artikelID=6437





Early Exposure

Partial AUCs for Rapid Onset Drugs US-FDA 2003 (III.A.8.a.)

Image: [...] that the partial area be truncated at the <u>population median of T_{max} values for the reference</u> formulation. We also recommend that at least two quantifiable samples be collected before the expected peak time to allow adequate estimation of the partial area.

Canada-TGD 2005

I...] AUC_{Reftmax} for a test product is defined as the area under the curve to the time of the maximum concentration of the reference product, <u>calculated</u> <u>for each study subject</u>.





Early Exposure (HVDP?)

Partial AUCs for Rapid Onset Drugs (cont'd)

Example	median t _{maxref}	PE	nonparametric CI		BE	FDA	parametric CI		BE	TGD	BE
1	1.5 h	±0.00 h	-0.25 h (85%)	+0.25 h (115%)	yes	90.1%	75.0%	110.1%	no (CV 26.4%)	85.7%	yes
2	1.5 h	+0.26 h	±0.00 h (100%)	+0.50 h (130%)	no	66.1%	53.1%	82.0%	<mark>no</mark> (CV 29.7%)	62.4%	no

• Even for formulations with *low* intra-subject variability...

Example 1: AUC_t 13.3% C_{max} 17.0%
 Example 2: AUC_t 6.33% C_{max} 9.43%

 ...it is unlikely to be able to demonstrate BE due to high variability of this metric.





Early Exposure

•EU GL 2010 (Section 4.1.8)

A statistical evaluation of t_{max} is not required. However, if rapid release is claimed to be clinically relevant and of importance for onset of action or is related to adverse events, there should be no apparent difference in median t_{max} and its variability between test and reference product.

> How to assess that? 'A non-parametric analysis is not acceptable.'





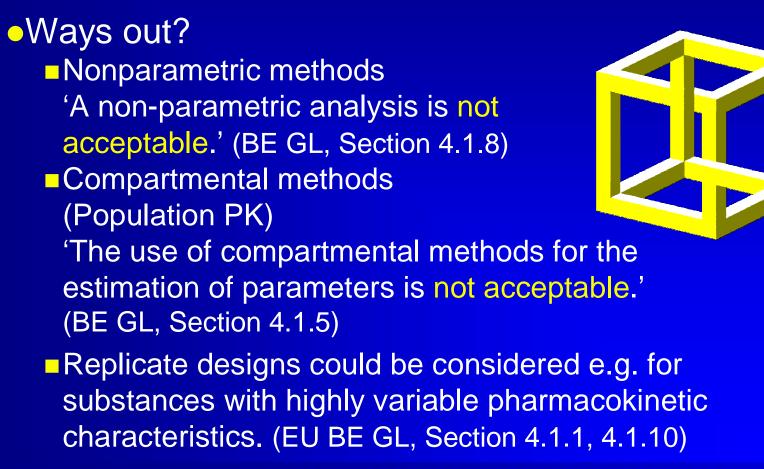
Highly Variable Drugs / Drug Products

HVDs / HVDPs (intra-subject variability >30 %)

- VUSA Replicate Design recommended in product specific guidances: Minimum number of subjects (24?), restriction on GMR (0.80 – 1.25).
- ± EU Widening of acceptance range (for C_{max} only: to maximum 69.84% – 143.19%), if CV_{WR} in the study >30%. Restriction on GMR (0.80 – 1.25).







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All (!) ANDAs submitted to FDA/OGD 2003–2005 (1010 studies, 180 drugs)
 31% (57/180) highly variable (CV ≥30%)

of these HVDs/HVDPs,

- 60% due to PK (e.g., first pass metabol.)
- 20% formulation performance
- 20% unclear

Davit BM, Conner DP, Fabian-Fritsch B, Haidar SH, Jiang X, Patel DT, Seo PR, Suh K, Thompson CL, and LX Yu

Highly variable drugs: observations from bioequivalence data submitted to the FDA for new generic drug applications AAPS J 10(1): 148-56 (2008)

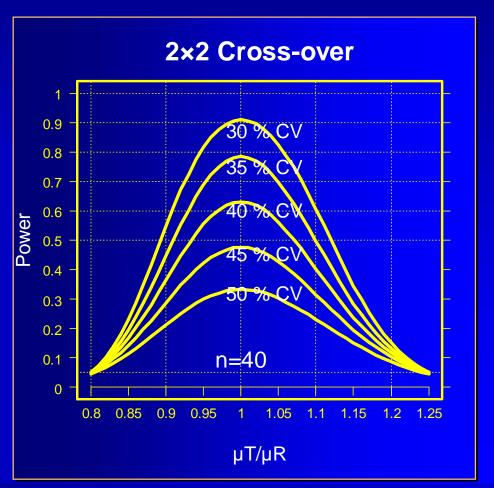




Power to show BE with 40 subjects for CV_{intra} 30 – 50%

 $\mu T/\mu R \ 0.95, \ CV_{intra} \ 30\%$ $\rightarrow \text{power } 0.816$ $\mu T/\mu R \ 1.00, \ CV_{intra} \ 45\%$ $\rightarrow \text{power } 0.476 <$ *Roulette* \ 0.486 (!)

 $\frac{\mu T/\mu R}{\mu R} 0.95, \frac{CV_{intra}}{\mu R} 45\%$ $\rightarrow n=82 \text{ (power 0.807)}$





HVDs/HVDPs (US/EU)

- Advisory Committee for Pharmaceutical Sciences (ACPS) to FDA (10/2006) on HVDs
- •Follow-up papers in 2008 (ref. in API-GLs)
 - Partial replicate study design [TRR | RTR | RRT]
 - Reference Scaled Average Bioequivalence (RSABE)
 - Minimum sample size 36 (?) subjects
 - Point estimate restricted to [0.80,1.25]

Haidar SH, Davit B, Chen M-L, Conner D, Lee LM, Li QH, Lionberger R, Makhlouf F, Patel D, Schuirmann DJ, and LX Yu

Bioequivalence Approaches for Highly Variable Drugs and Drug Products Pharmaceutical Research 25/1, 237-241 (2008)

http://www.springerlink.com/content/u503p62056413677/fulltext.pdf

Haidar SH, Makhlouf F, Schuirmann DJ, Hyslop T, Davit B, Conner D, and LX Yu Evaluation of a Scaling Approach for the Bioequivalence of Highly Variable Drugs The AAPS Journal, 10/3, (2008) DOI: 10.1208/s12248-008-9053-4





Is suggested EU-method of any good?

- Replicate designs without scaling (AUC)
 - reduce the number of subjects (to 75% for a 3-period design and to 50% for a 4-period design as compared to a conventional 2×2),
 - while keeping the *theoretical* number of treatments constant:
 - The potentional drop-out rate increases.
 - Practically <u>more</u> treatments must be administered in order to maintain the desired power!





Example AR [0.80,1.25], *CV*_{intra} 49.5%, T/R 0.95%, power 80% (n_{2x2} 96, n_{4x2} 48) Expected dropout rate of 5% / washout 2×2 study: 96+6=102 subjects (199 treatments) 4x2 study: 48+10=58 subjects (214 treatments) $58 \rightarrow 55 \rightarrow 52 \rightarrow 49$ 5.2% 5.5% 5.8% $56 \rightarrow 53 \rightarrow 50 \rightarrow 48$ Ethical? 5.4% 5.7% 4.0% Proposed FDA Scaling-Method:

AR [0.7006,1.4273], PE [0.80,1.25], n 34 (!)





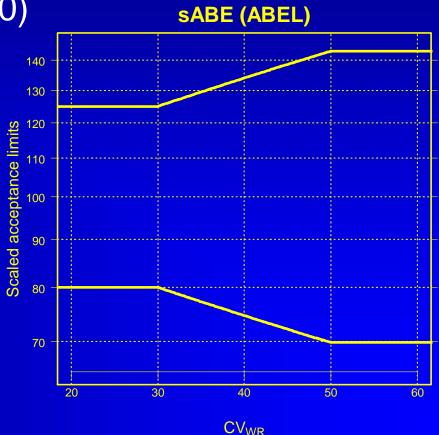
Highly Variable Drugs / Drug Products

•EU GL on BE (2010)

- Scaling allowed for C_{max} only (not AUC!) based on CV_{WR} >30% in the study.
- Limited to a maximum of CV_{WR} 50% (*i.e.*, higher CVs are treated as if CV = 50%).
- PE restricted with 80% 125% in any case.
- No commercial software for sample size estimation can handle the PE restriction.
- Monte Carlo simulations necessary.

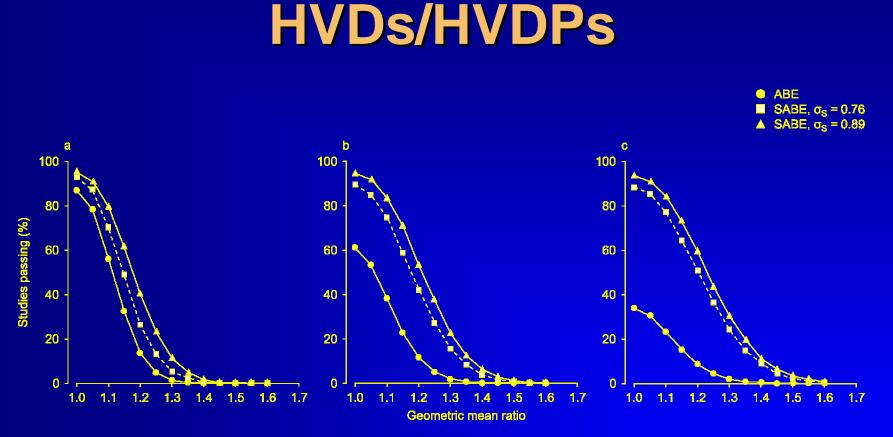












Totfalushi et al. (2009), Fig. 3

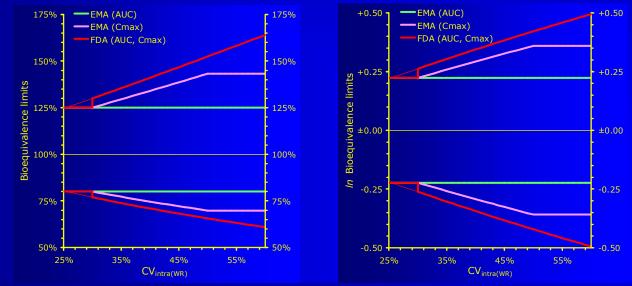
Simulated (n=10000) three-period replicate design studies (TRT-RTR) in 36 subjects; GMR restriction 0.80–1.25. (a) CV=35%, (b) CV=45%, (c) CV=55%. ABE: Conventional Average Bioequivalence, SABE: Scaled Average Bioequivalence, 0.76: EU criterion, 0.89: FDA criterion.

>30%.



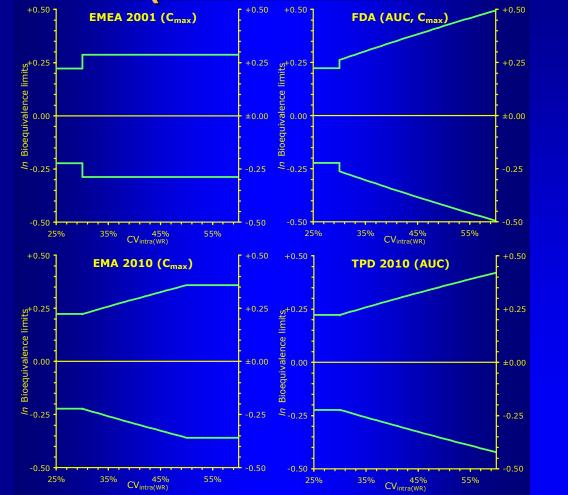
HVDPs (US/EU)

•FDA's and EMA's approaches differ; FDA's leads to a discontinuity of the acceptance range at CV=30% because FDA's scaling CV is 25.396% (σ_{WR} 0.25) – but applied at CV





HVDPs (Global Harmonization?)





BE

·BAC



Replicate designs

- 4-period replicate designs: sample size = $\frac{1}{2}$ of 2×2 study's sample size
- 3-period replicate designs: sample size = ³/₄ of 2×2 study's sample size
- Reminder: number of treatments (and biosamples) is identical to the concentional 2×2 cross-over.
- Allow for a safety margin expect a higher number of drop-outs due to the additional period(s).
- Consider increased blood loss (ethics!) Eventually bioanalytics has to be improved.



•EU GL on BE (2010)

The regulatory switching condition θ_s is derived from the regulatory standardized variation σ_0 . With $CV_{WR} = 30\%$ we get

$$\sigma_0 = \sqrt{\ln(0.3^2 + 1)} = 0.2936$$

and

$$\theta_{s} = \frac{\ln(1.25)}{\sigma_{0}} = -\frac{\ln(0.80)}{\sigma_{0}} \cong 0.760$$

Tothfalusi L, Endrenyi L and A Garcia Arieta *Evaluation of Bioequivalence for Highly Variable Drugs with Scaled Average Bioequivalence* Clin Pharmacokinet 48/11, 725-743 (2009)





•EU GL on BE (2010)

- Average Bioequivalence (ABE) with Expanding Limits (ABEL)
 - If you have σ_{WR} (the intra-subject standard deviation of the reference formulation) go to the next step; if not, calculate it from CV_{WR} :

 $\sigma_{WR} = \sqrt{\ln(CV_{WR}^2 + 1)}$

Calculate the scaled acceptance range based on the regulatory constant k (0.760):

 $[L,U] = e^{\mp k \cdot \sigma_{WR}}$





EMA Example (ABEL)

Data set I: 2-Sequence Full Replicate Design (RTRT | TRTR), *imbalanced* (n=77: 4 periods, n=69: 3 periods, n=6: 2 periods) Method B

proc mixed data=replicate; class formulation subject period sequence; model logDATA= sequence period formulation; random subject(sequence); estimate "test-ref" formulation -1 1 / CL alpha=0.10; run;

EMA, Committe Human Medicinal Products (CHMP), CHMP Pharmacokinetics Working Party (PKWP)

Questions & Answers: Positions on specific questions addressed to the Pharmacokinetics Working Party; Clarification on the recommended statistical method for the analysis of a bioequivalence study EMA/618604/2008 Rev. 3, London, 26 January 2011 http://www.ema.europa.eu/docs/en_GB/document_library/Scientific_guideline/2009/09/WC500002963.pdf



Data set I

Test data discarded for calculation of CV_{WR}

```
data var;
set replicate;
if formulation='R';
run;
```

```
proc glm data=var;
class subject period sequence;
model logDATA= sequence subject(sequence) period;
run;
```





Evaluation with Phoenix/WinNonlin 6.2

Calculation of the scaled acceptance range [L,U] based on the limiting CV_{WR} and the regulatory constant k (0.760).

$$CV_{WR} = 100\sqrt{e^{\sigma_{WR}^2} - 1} \qquad [L,U] = e^{\pm k \cdot \sigma_{WR}}$$

Dependent	Parameter	Estimate	CVWR	L	U	Diff_to_detect
logData	Var(Residual)	0.1993136	46.96	71.23	140.40	28.77



Scaling applicable since $30\% < CV_{WR} \le 50\%$

Helmut Schütz

Evaluation of Replicate Designs for Average Bioequivalence according to EMA's Guideline with Phoenix[™] WinNonlin[®] (2011 Pharsight, A Certara Company, Tripos L.P.)

Vienna, April 2011

http://bebac.at/downloads/Replicate%20Designs%20for%20ABE%20according%20to%20EMA%20with% 20Phoenix%20v2.3.pdf

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Bioequivalence & Bioavailability Studies | Pre-Conference Workshop A | Brussels, 19 September 2011



Bioequivalence Statistics

User-Specified Confidence Level for CI's = 90.0000Percent of Reference to Detect for 2-1 Tests = 20.0% A.H.Lower = 0.800A.H.Upper = 1.250Formulation variable: Formulation Reference: R LSMean= 7.670014 SE= 0.101295 GeoLSM= 2143.110761 7.816102 SE= Test: T LSMean= 0.101395 GeoLSM= 2480.218425 Difference = Diff_SE= 0.0465, df= 216.9 0.1461. 115.7298 Ratio(%Ref) = 107.1689, 124.9746) CI 90% = (

Average bioequivalence shown for confidence=90.00 and percent=20.0.

ABE 107.17 – 124.97 passed 80 – 125 passed 75 – 133

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Bioequivalence Statistics

User-Specified Confidence Level for CI's = 90.0000 Percent of Reference to Detect for 2-1 Tests = 28.77% A.H.Lower = 0.712 A.H.Upper = 1.404 Formulation variable: Formulation Reference: R LSMean= 7.670014 SE= 0.101295 GeoLSM= 2143.110761 Test: T LSMean= 7.816102 SE= 0.101395 GeoLSM= 2480.218425 Difference = 0.1461, Diff_SE= 0.0465, df= 216.9 Ratio(%Ref) = 115.7298 CI 90% = (107.1689, 124.9746)

Average bioequivalence shown for confidence=90.00 and percent=28.77.

ABEL

107.17 - 124.97 passed 71.23 - 140.40 PE 115.73 within 80.00 - 125.00



Bioequivalence & Bioavailability Studies | Pre-Conference Workshop A | Brussels, 19 September 2011



Outliers?

- GL 2010, Section 4.1.10: 'The applicant should justify that the calculated intra-subject variability is a reliable estimate and that it is not the result of outliers.'
- Boxplots were discussed at the EGA-workshop 2010: 'The outlier cannot be removed from evaluation but should not be taken into account for calculation of within-subject variabi-lity and extension of the acceptance range. An outlier test is not an expectation of the medicines agencies but outliers could be shown by a box plot. This would allow the medicines agencies to compare the data between them.'

European Generic Medicines Association (EGA)

Revised EMA Bioequivalence Guideline, Questions & Answers London, June 2010 http://www.egagenerics.com/doc/EGA_BEQ_Q&A_WEB_QA_1_32.pdf

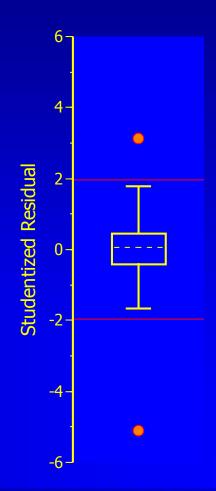




Outliers

- Data set I: Based on studentized intra-subject residuals two severe outliers (outside ±3×IQR) are detected
- If these two outliers are excluded from the calculation of CV_{WR}, scaling almost useless!

	n=77	n=75		
$\sigma^2_{W\!R}$	0.1993136	0.0984319		
CV _{WR}	46.96	32.16		
L	71.23	78.79		
U	140.40	126.93		







Two-Stage Design

•EMA GL on BE (2010)

'Internal Pilot Study Design'

- Section 4.1.8
 - Initial group of subjects treated and data analysed.
 - If BE not been demonstrated an additional group can be recruited and the results from both groups combined in a final analysis.
 - Appropriate steps to preserve the overall type I error (patient's risk).
 - Stopping criteria should be defined a priori.
 - First stage data should be treated as an interim analysis.





Two-Stage Design

•EMA GL on BE (2010)

Section 4.1.8 (cont'd)

Both analyses conducted at adjusted significance levels (with the confidence intervals accordingly using an adjusted coverage probability which will be higher than 90%). [...] 94.12% confidence intervals for both the analysis of stage 1 and the combined data from stage 1 and stage 2 would be acceptable, but there are many acceptable alternatives and the choice of how much alpha to spend at the interim analysis is at the company's discretion.





Two-Stage Design

•EMA GL on BE (2010)

Section 4.1.8 (cont'd)

- Plan to use a two-stage approach must be prespecified in the protocol along with the adjusted significance levels to be used for each of the analyses.
- When analysing the combined data from the two stages, a term for stage should be included in the ANOVA model.





Sequential Designs

 Have a long and accepted tradition in later phases of clinical research (mainly Phase III)

- Based on work by Armitage *et al.* (1969), McPherson (1974), Pocock (1977), O'Brien & Fleming (1979) and others
 - First proposal by LA Gould (1995) in the area of BE did not get regulatory acceptance in Europe, but

Stated in the current Canadian Draft Guidance (November 2009).

LA Gould

Group Sequential Extension of a Standard Bioequivalence Testing Procedure J Pharmacokin Biopharm 23/1, 57-86 (1995)





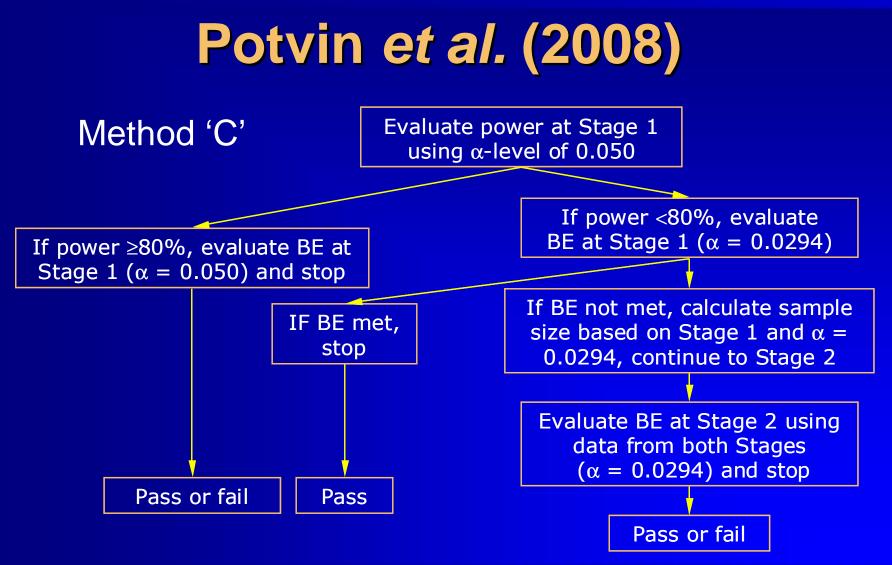
Sequential Designs

- •Methods by Potvin et al. (2008) promising
 - Supported by 'The Product Quality Research Institute' (members: FDA/CDER, Health Canada, USP, AAPS, PhRMA, ...)
 - Acceptable by US-FDA
 - Acceptable as a Two-Stage Design in the EU
 - Three of BEBAC's protocols already approved by German BfArM

Potvin D, Diliberti CE, Hauck WW, Parr AF, Schuirmann DJ, and RA Smith Sequential design approaches for bioequivalence studies with crossover designs Pharmaceut Statist 7/4, 245–262 (2008), <u>DOI: 10.1002/pst.294</u> http://www3.interscience.wiley.com/cgi-bin/abstract/115805765/ABSTRACT











Sequential Designs

- Methods by Potvin *et al.* (2008) limited to point estimate of 0.95 and 80% power
 - Follow-up paper in 2011
 - Slight inflation of patient's risk (α 0.0547) observed in Methods B/C if PE 0.90 instead of 0.95 was used
 - New Method D (α 0.0280)
 - Might be usefull if PE 0.95 and power 90% as well; not validated yet!

Montague TH, Potvin D, DiLiberti CE, Hauck WW, Parr AF, and DJ Schuirmann Additional results for 'Sequential design approaches for bioequivalence studies with crossover designs' Pharmaceut. Statist. (2011), <u>DOI: 10.1002/pst.483</u>





Power. That which statisticians are always calculating but never have.

Power: That which is wielded by the priesthood of clinical trials, the statisticians, and a stick which they use to beta their colleagues.



BAC

Power Calculation – A guess masquerading as mathematics. Stephen Senn

You should treat as many patients as possible with the new drugs while they still have the power to heal. *Armand Trousseau*





Congratulations! Setting up a BE Study: from design to approval Open Questions?



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